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**The CSF immune response in HIV-1-associated cryptococcal meningitis:  
macrophage activation, correlates of disease severity and effect of antiretroviral  
therapy**

James E Scriven<sup>1,2,3,4</sup>, Lisa M Graham<sup>1</sup>, Charlotte Schutz<sup>1,4</sup>, Thomas J Scriba<sup>5</sup>, Katalin  
A Wilkinson<sup>1,7</sup>, Robert J Wilkinson<sup>1,4,6,7</sup>, David R Boulware<sup>8</sup>, Britta C Urban<sup>2</sup>,  
Graeme Meintjes<sup>1,4,6</sup>, David G Lalloo<sup>2,3</sup>

1. Clinical Infectious Diseases Research Initiative, Institute of Infectious Disease and Molecular Medicine, University of Cape Town, Observatory 7925, South Africa
2. Liverpool School of Tropical Medicine, L3 5QA, UK
3. Wellcome Trust Liverpool Glasgow Centre for Global Health Research, L69 3GF, UK
4. Department of Medicine, University of Cape Town and Groote Schuur Hospital, Observatory 7925, South Africa
5. South African TB Vaccine Initiative, Institute of Infectious Disease and Molecular Medicine and Division of Immunology, Department of Pathology, University of Cape Town 7925, South Africa
6. Department of Medicine, Imperial College, London, W2 1PG, UK
7. The Francis Crick Institute Mill Hill Laboratory, London, NW7 1AA, UK
8. Department of Medicine, University of Minnesota, MN 55455, USA

1 Correspondence: James Scriven: jscriven@liv.ac.uk, Wellcome Trust Centre for  
2 Global Health Research, 70 Pembroke Place, Liverpool, L69 3GF, UK

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4 **ADDITIONAL INFORMATION**

5 **Funding**

6 This study was funded by the Wellcome Trust through a training fellowship to JS  
7 (094013/B/10/Z). GM is supported by the Wellcome Trust (098316), the South  
8 African Medical Research Council and the South African Research Chairs Initiative  
9 of the Department of Science and Technology and National Research Foundation of  
10 South Africa (64787). CS, DRB, and GM receive support from the National Institutes  
11 of Health (U01AI089244). RW receives funding from Medical research Council  
12 (U1175.02.002.00014.01), Wellcome Trust (104803), National Research Foundation  
13 of South Africa (96841), European Union (FP7-PEOPLE-2011-IRSES and FP7-  
14 HEALTH-F3-2012-305578). BU is supported by the Wellcome Trust (079082). The  
15 funders had no role in the study design, data collection, data analysis, data  
16 interpretation, or writing of this report. The opinions, findings and conclusions  
17 expressed in this manuscript reflect those of the authors alone.

18

19 **Conflicts of Interest**

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No authors have any conflicts of interest to declare

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23 **Presentations**

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These data was partly presented at the Conference for Retroviruses and Opportunistic

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Infections, Seattle, 2015.

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1 Abstract

2 **Background:** Immune modulation may improve outcome in HIV-associated  
3 cryptococcal meningitis. Animal studies suggest alternatively activated macrophages  
4 are detrimental but human studies are limited. We performed a detailed assessment of  
5 the cerebrospinal fluid (CSF) immune response and examined immune correlates of  
6 disease severity and poor outcome, and the effects of antiretroviral therapy (ART).

7 **Methodology:** We enrolled persons  $\geq 18$  years with first episode of HIV-associated  
8 cryptococcal meningitis. CSF immune response was assessed using flow cytometry  
9 and multiplex cytokine analysis. Principal component analysis was used to examine  
10 relationships between immune response, fungal burden, intracranial pressure and  
11 mortality, and the effects of recent ART initiation ( $< 12$  weeks).

12 **Findings:** CSF was available from 57 persons (median CD4 34/ $\square$ L). CD206  
13 (alternatively activated macrophage marker) was expressed on 54% CD14+ and 35%  
14 CD14- monocyte-macrophages. High fungal burden was not associated with CD206  
15 expression but with a paucity of CD4+, CD8+ and CD4-CD8- T cells and lower IL-6,  
16 G-CSF and IL-5 concentrations. High intracranial pressure ( $\geq 30$ cmH<sub>2</sub>O) was  
17 associated with fewer T cells, a higher fungal burden and larger *Cryptococcus*  
18 organisms. Mortality was associated with reduced interferon-gamma concentrations  
19 and CD4-CD8- T cells but lost statistical significance when adjusted for multiple  
20 comparisons. Recent ART was associated with increased CSF CD4/CD8 ratio and a  
21 significantly increased macrophage expression of CD206.

22 **Conclusions:** Paucity of CSF T cell infiltrate rather than alternative macrophage  
23 activation was associated with severe disease in HIV-associated cryptococcosis. ART  
24 had a pronounced effect on the immune response at the site of disease.  
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26 Keywords: *Cryptococcus*; immune response; alternatively activated macrophages;  
27 flow cytometry; fungal burden; raised intracranial pressure  
28

29 **INTRODUCTION**

30 Host immunity is central to the pathogenesis of cryptococcosis. *Cryptococcus*  
31 *neoformans* is found widely in the environment and serological studies suggest  
32 exposure is common.<sup>1,2</sup> The vast majority of infections are asymptomatic with the  
33 infecting organism contained within pulmonary granulomas.<sup>3</sup> However, when cell-  
34 mediated immunity is impaired, *C. neoformans* can disseminate throughout the body  
35 resulting in meningoencephalitis frequently complicated by high intracranial  
36 pressure.<sup>4</sup> The majority of cases worldwide are associated with HIV-1 infection and  
37 cryptococcosis remains a leading cause of death in sub-Saharan Africa.<sup>5-7</sup>

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2 Impaired immunity also influences disease presentation and response to treatment.  
3 Previous studies have shown that low CSF levels of pro-inflammatory cytokines  
4 (interferon- $\gamma$ , interleukin-6 and interleukin-8) are associated with a higher fungal  
5 burden, slower clearance of infection and increased mortality.<sup>8,9</sup> However,  
6 cryptococcosis may also be complicated by an over exuberant inflammatory response  
7 following the initiation of anti-retroviral therapy (ART). This is known as immune  
8 reconstitution inflammatory syndrome (IRIS) and either develops during the first  
9 manifestation of cryptococcosis (unmasking IRIS) or as a recurrence of meningitis  
10 symptoms following successful anti-fungal treatment (paradoxical IRIS).<sup>10</sup> There are  
11 increasing reports from sub-Saharan Africa of patients developing cryptococcal  
12 meningitis after recently starting ART,<sup>11,12</sup> whether these cases represent unmasking  
13 IRIS or a state of immune deficiency not yet reversed by ART, has not been fully  
14 elucidated.

15

16 Central to host immunity is the interaction between macrophages and *Cryptococcus*.  
17 The yeast is easily phagocytosed by macrophages but can resist intracellular killing  
18 through permeabilization of the phagosome membrane.<sup>13</sup> This enables *Cryptococcus*  
19 to avoid immune surveillance and replicate within the cell, and may facilitate  
20 migration to the central nervous system.<sup>14</sup> Infection is controlled following the  
21 recruitment of IFN- $\gamma$  producing CD4 T cells, stimulating macrophages to become  
22 classically (M1) activated.<sup>15</sup> However, macrophages may also become alternatively  
23 activated (M2) due to stimulation by IL-4 or IL-13, a state better suited to tissue  
24 repair.<sup>16</sup> In animal models of cryptococcosis, alternatively activated macrophages  
25 (identified by expression of CD206) along with a Th2 T cell response were

1 detrimental, resulting in uncontrolled fungal infection and death. By contrast,  
2 classically activated macrophages and a Th1 response were beneficial.<sup>17</sup> The role of  
3 macrophage activation in determining outcome in human disease has not been  
4 studied.

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6 This study aimed to better understand the host immune response at the site of disease  
7 in HIV-1-associated cryptococcal meningitis. We performed a detailed examination  
8 of the CSF immune response using flow cytometry and biomarker analysis and  
9 concentrated particularly on the cellular immune response and the activation state of  
10 monocyte/macrophages. We examined how this immune phenotype related to  
11 markers of disease severity and clinical outcome. To better understand the  
12 pathophysiology of ART-associated cryptococcal meningitis, we also examined the  
13 effects of recent ART initiation ( $\leq 12$  weeks) on the CSF immune response. We  
14 hypothesized that macrophages in the CSF of persons with cryptococcal meningitis  
15 would express CD206, a marker of alternative activation, and that the degree of  
16 CD206 expression would be correlated with outcome, such that individuals with the  
17 highest expression of CD206 would have the highest fungal burden and be more  
18 likely to die. We also hypothesized that persons recently started on ART would have a  
19 more inflammatory CSF with lower macrophage CD206 expression compared to  
20 persons not taking ART.

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## 1 **METHODS**

### 2 **Participant recruitment and clinical care**

3 A prospective cohort study was conducted in Cape Town, South Africa between April  
4 2012 and July 2013. Ethical approval was obtained from the University of Cape Town  
5 Human Research Ethical Committee (reference 408/2010, 371/2013) and Liverpool  
6 School of Tropical Medicine Research Ethics Committee (reference 11.92). All  
7 participants provided written informed consent; family members provided surrogate  
8 consent for patients with impaired consciousness. Consecutive persons  $\geq 18$  years with  
9 a first episode of HIV-1-associated cryptococcal meningitis (positive CSF culture or  
10 cryptococcal antigen test) were enrolled within 48 hours of presentation. Following  
11 enrolment, clinical details were recorded and lumbar puncture (LP) performed for  
12 management of CSF opening pressure and CSF sampling. Additional LPs were  
13 performed at attending physicians' discretion to manage raised intracranial pressure.  
14 Anti-fungal therapy comprised amphotericin B deoxycholate 1mg/kg and fluconazole  
15 800mg daily for 14 days, then fluconazole 400mg daily for 10 weeks, and 200mg  
16 daily thereafter. Participants were followed for 6 months. ART was started at 4 weeks  
17 if participants were not taking ART at enrolment.

18

### 19 **CSF processing and analysis of immune response**

20 CSF was transferred to the laboratory on ice and processed in real-time. Fungal  
21 burden was measured using quantitative culture as previously described and recorded  
22 as colony forming units per milliliter of CSF (CFU/mL).<sup>18</sup> The remaining CSF was  
23 centrifuged, the supernatant frozen at  $-80^{\circ}\text{C}$  for batched biomarker analysis, and the  
24 cell pellet stained immediately for flow cytometry analysis.

25

## 1 **Flow cytometry staining of CSF cells**

2 CSF cells were incubated at 4°C for 30 minutes with an amine viability dye (AQUA,  
3 Invitrogen, Carlsbad, CA); anti-CD45-PECy5.5, anti-CD4-PECy7, anti-CD66b-PE,  
4 anti-CD206-AF488, anti-HLADR-AF700, anti-CD163-APC (Biolegend, San Diego,  
5 CA); anti-CD8-Qdot655, anti-CD14-Qdot605 (Invitrogen); anti-CD16-APCH7 and  
6 anti-CD3-PacBlue (BD Biosciences, San Jose, CA). During optimization  
7 experiments, additional cells were permeabilized with 1ml of PermWash (BD  
8 Biosciences) and stained with anti-CD68-PE (Biolegend) to better characterize  
9 macrophages. FACS lysing solution (BD Biosciences) was used to remove any  
10 erythrocytes and the sample fixed using 2% paraformaldehyde in flow buffer. Cells  
11 were protected from light at all times and analyzed within 24 hours on a BD LSR  
12 Fortessa Flow Cytometer using FACS-Diva software (BD Biosciences). Note was  
13 made of the total CSF volume and the sample was acquired in its entirety with  
14 forward scatter (FSC) threshold set at 5000 to exclude debris. Species appropriate  
15 positive and negative compensation beads were used along with ArC™Amine  
16 Reactive Compensation Bead Kit to ensure accurate compensation (BD Biosciences;  
17 Invitrogen). Fluorescence minus one experiments were used during optimization steps  
18 to ensure accurate gating as previously described.<sup>19</sup> Flow cytometry data were  
19 analysed using FlowJo version 9.5.3 (Tree Star software, OR); gating strategy is  
20 detailed in **Figure 1**. Flow cytometry allowed accurate identification and quantitation  
21 of neutrophils, T cells (CD8+, CD4+, CD4+CD8+ and CD4-CD8-), and monocyte-  
22 macrophages. Monocyte-macrophages were initially identified as CD14+ cells  
23 following the exclusion of neutrophils and T cells (CD14+MM) [**Figure 1: D**]. A  
24 second population of CD14- monocyte-macrophages (CD14-MM) was also identified  
25 with similar physical characteristics and CD68 expression to CD14+MM (CD3-

1 CD4+CD14-HLADR+) [Figure 1: D, E1, E2]. Expression of CD206, CD163, CD16  
2 and HLA-DR were measured on both CD14+ and CD14- monocyte-macrophages  
3 using median fluorescence intensity (MFI) and cell percentage expressing the marker  
4 [Figure 1: E3-6]. HLA-DR expression was measured on all T cell subsets. Some  
5 participants were noted to have CD8 T cells with significantly increased size (forward  
6 scatter); these were termed “large T cells” [Figure 1: C2, C5]. NK cells were defined  
7 as CD16+ cells following exclusion of neutrophils and monocyte-macrophages  
8 [Figure 1: F]. Cryptococci were defined as CD45- cells as demonstrated elsewhere;<sup>20</sup>  
9 *Cryptococcus* size was measured using forward scatter (FSC), as an absolute  
10 measurement and in relation to CD4+ T cells (FSC crypto/CD4).

11

## 12 Biomarker Analysis

13 Commercial multiplex assays were used to measure the concentrations of 23  
14 cytokines/chemokines: Interleukin (IL)-1RA, IL-1 $\beta$ , IL-2, IL-2R, IL-4, IL-5, IL-6, IL-  
15 7, IL-8, IL-10, IL-12p70, IL-13, IL-17, granulocyte and granulocyte-macrophage  
16 colony stimulating factors (G-CSF and GM-CSF), tumour necrosis factor (TNF)- $\alpha$ ,  
17 interferon(IFN)- $\alpha$ , IFN- $\gamma$ , vascular endothelial growth factor (VEGF), chemokine  
18 ligand 2 (CCL2), CCL3, CCL4 and C-X-C chemokine ligand 9 (BioRad, Hercules,  
19 CA; Invitrogen). The concentrations of two soluble markers of macrophage activation  
20 (sCD163 and sCD14) were measured using commercial ELISA (R&D, Minneapolis,  
21 MN).

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1 **Data analysis**

2 Baseline characteristics were summarized and analysed using descriptive statistics as  
3 appropriate. Data from flow cytometry and biomarker analysis were combined  
4 (resulting in a dataset of 89 variables [Supplementary Data 1]) and analysed using  
5 principal component analysis (PCA), a mathematical technique used to simplify  
6 complex datasets by examining them in terms of a series of principal components  
7 rather than individual variables<sup>21</sup> Prior to PCA, variables were log-transformed and  
8 scaled such that the geometric mean equaled zero and variance equaled one. Missing  
9 values were imputed by K-nearest neighbours technique.<sup>22</sup> Heatmap analysis with  
10 non-hierarchical clustering was performed as described elsewhere.<sup>23</sup> Variables were  
11 filtered using statistical tests prior to incorporation into PCA and cluster analysis such  
12 that only variables with a statistically significant association with the dependent  
13 variable were used. Four main dependent variables were examined: fungal burden  
14 (log<sub>10</sub> CFU/mL CSF), high ICP (CSF opening pressure >30cmH<sub>2</sub>O), mortality (death  
15 within 12 weeks) and recent ART initiation (<12 weeks). Statistical significance was  
16 defined as a p-value of <0.05 and q-value of less than 0.1 (q<0.1 is equivalent to a  
17 10% false discovery rate (FDR) using the Benjamini-Hochberg procedure for  
18 multiple-testing correction<sup>24</sup>). Analysis was performed using Stata version 12. (Stata  
19 Corp, College Station, Texas,) and Qlucore Omics Explorer version 3.0 (Qlucore AB,  
20 Lund, Sweden).

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## 1 **RESULTS**

### 2 **Participants**

3 Sixty participants were enrolled, CSF flow cytometry was performed on 57 (three had  
4 insufficient CSF available for analysis). The median age was 36 years (interquartile  
5 range (IQR) 30-43) and median CD4 count was 34 cells/ $\mu$ L (IQR 13-76). The  
6 cumulative case fatality rate was 23% at 2 weeks (13/57) and 38% at 12 weeks  
7 (21/56); one participant was lost to follow up after hospital discharge. Fifteen  
8 participants were taking ART at enrolment (26%); six of these had clear evidence of  
9 virological failure (detectable viral load after  $\geq$ 6 months ART), and one later reported  
10 non-adherence; eight participants were defined as “Recent ART” having either  
11 initiated ART (n=6), or switched to second line ART after virological failure (n=2) in  
12 the 12 weeks prior to presentation (median 6 weeks); one had clinical features  
13 consistent with unmasking IRIS.<sup>10</sup>

### 15 **CSF flow cytometry**

16 A median of 7 mL (IQR 4.5-8) of CSF was available per participant for flow  
17 cytometry resulting in a median of 108,000 cells (IQR 30,877-294,500) per sample;  
18 cell viability remained high (median 100%, range 92-100%). CD8+ T cells were the  
19 most abundant cell type (median 49.7% [IQR 30.2-63.7%]), followed by neutrophils  
20 (11.9% [IQR 2.3-29.4%]), monocyte-macrophages (6.74% [IQR 3.1-14.1%]) and  
21 CD4+ T cells (6.2% [IQR 3.7-9.6%]) [**Supplementary Figure 1: A**]. Large T cells  
22 comprised a median of 2.7% (IQR 0.93-4.55) of the total CD8 T cell population.  
23 HLA-DR expression did not differ between large and normal CD8 T cells [not  
24 shown]. Both CD14+ and CD14- monocyte-macrophages expressed a range of  
25 activation markers including HLA-DR, CD206, CD16 and CD163. A median of 54%

1 (IQR 37-70%) CD14+ monocyte-macrophages and 35% (IQR 20-52%) CD14-  
2 monocyte-macrophages expressed the surface marker CD206 (consistent with  
3 alternative activation<sup>25</sup>) [**Supplementary Figure 1: B**].

4

5 **Immune factors significantly associated with high fungal culture burden**

6 We first explored the correlation between CSF immune and baseline fungal burden.  
7 12 variables that were significantly correlated with CSF fungal burden (Pearson's  
8 correlation,  $p < 0.05$  and  $q < 0.1$ ) were entered into a principal component analysis  
9 (PCA). To avoid the confounding effect of anti-fungal therapy, analysis was restricted  
10 to 36 persons who had not received amphotericin B at enrolment. Flow cytometry  
11 *Cryptococcus* counts were also removed due to the strong correlation with  
12 quantitative fungal culture previously reported ( $R = .93$ ,  $P < .0001$ )<sup>20</sup>). Participants with  
13 higher fungal burdens clearly clustered together on a PCA plot with particularly low  
14 scores for Principal component 1 (PC1) [**Figure 2: A**]. Analysis of the variables  
15 contributing to PC1 showed that the CSF of persons with high fungal burden was  
16 characterized by significantly lower numbers of CSF T cells (CD4, CD8 and CD4-  
17 CD8-) and NK cells, lower CSF concentrations of IL-5, IL-6 and G-CSF, and lower  
18 expression of the neutrophil activation marker CD66b<sup>26</sup> [**Figure 2: B**]. CSF and blood  
19 CD4 counts were closely correlated (Pearson's  $R = 0.66$   $P < .001$ ). Adjusting for blood  
20 CD4 count reduced the number of variables that were significantly negatively  
21 correlated with fungal burden to only CSF CD4-CD8- T cell numbers and IL-5  
22 concentration ( $R = -0.51$ ,  $P = .002$ ,  $Q = .09$  and  $R = -0.56$ ,  $P = .001$ ,  $Q = .05$  respectively).  
23 There was no significant correlation between fungal burden and CD206 expression  
24 (MFI) on CSF macrophages ( $P = .89$ ).

25

## 1 **Immune factors significantly associated with high intracranial pressure**

2 We next aimed to determine whether the raised intracranial pressure (ICP) observed  
3 in cryptococcal meningitis might be associated with a particular CSF immune  
4 response. To do this we compared participants who had evidence of high ICP at study  
5 enrolment or at any time during their hospitalization ( $ICP \geq 30 \text{ cm H}_2\text{O}$ ,  $n=35$ ), to those  
6 who did not develop high ICP ( $n=22$ ). Participants who experienced high ICP clearly  
7 grouped together on PCA and cluster analysis according to their CSF characteristics  
8 [Figure 3: A, C]. This difference was primarily due to significantly higher  
9 *Cryptococcus* counts in the CSF of subjects who developed high ICP along with  
10 increased size of the *Cryptococcus* measured by flow cytometry. In addition,  
11 participants who developed high ICP had significantly lower CSF counts of CD4 T  
12 cells, NK cells and CD4-CD8- T cells, and higher proportion of “large T cells”  
13 [Figure 3: B].

## 15 **Associations between CSF immune response and mortality**

16 We then examined immune correlates of mortality. Participants who died by week 12  
17 ( $n=22$ ) had lower baseline CSF IFN- $\gamma$  concentrations compared to participants who  
18 survived ( $n=34$ ) (geometric mean 52 pg/mL (95%CI 19-139) vs. 131 pg/mL (95%CI  
19 97-176) respectively,  $p=0.032$ ), and a decreased frequency of CD4-CD8- T cells as a  
20 proportion of CSF T cells and as a proportion of CSF CD45 cells (geometric means  
21 4.9% (95%CI 3.3-7.2) vs. 8.7% (95%CI 7.4-10.4),  $p=0.002$  and 3.1% (95%CI 2.2-  
22 4.4) vs. 4.8% (95%CI 4.0-5.9),  $p=0.018$ , respectively) [Supplementary Figure 2].  
23 These findings lost statistical significance ( $q \geq 0.1$ ) when adjusted for multiple  
24 comparisons. IFN- $\gamma$  was significantly correlated with the numbers of CD4-CD8- T  
25 cells (Pearson’s  $R=.31$   $P=.022$ ), CD8 T cells ( $R=.26$ ,  $P=.047$ ), and NK cells ( $R=.35$

1 P=.001) but not CD4 T cells (R=.23, P=.092). There was no association between  
2 macrophage CD206 expression and mortality (P=.26).

3

#### 4 **Effect of ART on CSF immune response during cryptococcal meningitis**

5 Finally, to characterize the CSF immune phenotype of ART-associated cryptococcal  
6 meningitis and understand the effects of recent ART initiation on the immune  
7 response at the site of disease, we compared participants not taking ART (n=43)  
8 against those taking “Recent ART” (started 1<sup>st</sup> line ART or switched to 2<sup>nd</sup> line ART  
9 in the 12 weeks prior to presentation, n=8). “Recent ART” was associated with a  
10 significantly lower plasma HIV-1 viral load and significantly higher blood CD4  
11 counts but no significant difference in CSF fungal burden, opening pressure, white  
12 cell count, or mortality [Table 1]. Participants who had recently started/switched  
13 ART clustered together on PCA and non-hierarchical cluster analysis according to their  
14 CSF immune response [Figure 4: A, C]. In this analysis recent ART initiation was  
15 associated with significantly higher proportions of CSF CD4+ T cells and lower  
16 proportions of CSF CD8+ T cells, along with significantly increased expression of  
17 CD206 on CD14+ monocyte-macrophages and increased expression of CD206 and  
18 CD16 on CD14- monocyte-macrophages suggesting increased alternative activation  
19 of macrophages [Figure 4: B]. The increase in CD4 T cells at the site of disease was  
20 noticeably greater than that observed in the blood [Supplementary Figure 3].

21

22 We hypothesized that the effects of ART on macrophage activation were mediated via  
23 alterations in the HIV-1 viral load. This was supported by the observation of a  
24 significant inverse correlation between HIV-1 viral load in the blood and CD206  
25 expression on CSF CD14+ monocyte-macrophages both in the whole cohort

1 (Pearson's  $R=-0.59$ ,  $P<.001$ ) and in an analysis restricted to participants who were not  
2 taking ART (Pearson's  $R=-0.57$ ,  $P<.001$ ) [**Supplementary Figure 4**].

3

4 **DISCUSSION**

5 This study provides a comprehensive examination of the CSF cellular immune  
6 response in HIV-1-associated cryptococcal meningitis, with particular reference to  
7 CSF macrophage polarization. CD8 T cells were the predominant cell type followed  
8 by neutrophils and CD4 T cells. This contrasts with the CD4 T cell predominance  
9 observed in healthy persons, but is consistent with other studies of HIV-1-infected  
10 persons.<sup>27-29</sup> A number of cell populations were identified in the CSF that are not  
11 commonly seen in blood and warrant further study. These included "large" CD8 T  
12 cells (which may represent activated CD8 T cells<sup>30</sup>), CD4-CD8- T cells (possibly a  
13 mixture of  $\gamma\delta$  T cells and invariant natural killer T cells as observed in other  
14 neurological conditions<sup>31,32</sup>), and CD14- monocyte-macrophages. CD206 expression  
15 was commonly observed on both CD14+ and CD14- monocyte-macrophages in  
16 keeping with previous work suggesting macrophages adopt an alternatively activated  
17 phenotype as HIV-1 disease progresses.<sup>33</sup>

18

19 In contrast to animal studies, there was no association between alternative activation  
20 of CSF macrophages and fungal burden.<sup>17</sup> Instead, high CSF fungal burden was  
21 clearly associated with a paucicellular CSF immune response characterized by low  
22 numbers of T lymphocytes (CD4, CD8 and CD4-CD8-) and NK cells, along with  
23 decreased CSF concentrations of IL-5, IL-6 and G-CSF. This is consistent with Thai  
24 studies that also observed significantly lower concentrations of pro-inflammatory  
25 cytokines (IL-6, IFN $\gamma$  and TNF $\alpha$ ) in subjects with higher CSF fungal burden.<sup>8</sup> Our

1 finding that CD4+ T cell counts in the CSF and blood are closely correlated suggests  
2 that the major factor determining fungal burden may simply be HIV-1-associated  
3 CD4 cell depletion. However, an alternative explanation for these findings is that  
4 infiltration of immune cells into the CSF may be inhibited by the immunomodulatory  
5 actions of the cell wall polysaccharide glucuronoxylomannan (GXM) shed by the  
6 large numbers of *C. neoformans* within the central nervous system.<sup>34-36</sup>

7  
8 Raised intracranial pressure within the first 14 days was significantly associated with  
9 a higher baseline fungal burden, significantly larger cryptococci in the CSF (increased  
10 FSC on flow cytometry) and decreased CSF CD4+ and CD4-CD8- T cell infiltrates.  
11 Although the role of large CD8 T cells needs to be further explored, our study did not  
12 convincingly suggest that high ICP occurs as a result of a pathological inflammatory  
13 response. These findings are similar to others demonstrating an association between  
14 raised CSF opening pressure and greater CSF fungal quantitative culture and  
15 increased *Cryptococcus* capsule size (measured *ex vivo* using microscopy).<sup>37,38</sup> Our  
16 findings are therefore consistent with the concept that raised intracranial pressure in  
17 cryptococcal meningitis occurs predominantly due to obstruction of CSF drainage by  
18 huge numbers of encapsulated yeast rather than pathological inflammation.<sup>39</sup>

19  
20 Fatal outcome was associated with reduced CSF CD4-CD8- T cells and IFN- $\gamma$   
21 concentration. Although these associations lost significance when adjusted for  
22 multiple comparisons, the findings are compatible with previous studies showing  
23 significantly slower fungal clearance and reduced survival in persons with lower CSF  
24 IFN- $\gamma$  concentrations.<sup>8</sup> The significant correlation between CSF IFN- $\gamma$  and CD4-CD8-  
25 T cells (but not CD4 T cells) suggest CD4-CD8 T cells could be an additional source

1 of IFN- $\gamma$ . Given their presence was also associated with lower fungal burden, further  
2 study is warranted to determine their nature and function.

3  
4 Finally, to better understand the pathology of ART-associated cryptococcal  
5 meningitis (including unmasking IRIS) we performed an exploratory analysis  
6 examining the effects of recent ART initiation on the CSF immune response. Recent  
7 ART initiation did not appear to influence the overall numbers of cells in the CSF but  
8 was associated with a noticeable increase in the CSF CD4/CD8 ratio, far more  
9 prominent than the changes observed in the blood. This is consistent with other  
10 studies in asymptomatic persons with HIV-1 infection and patients with paradoxical  
11 cryptococcal IRIS.<sup>28,29</sup> Recent ART was also associated with significantly reduced  
12 activation of CD4 T cells (lower HLA-DR expression), fewer large T cells and,  
13 contrary to our hypothesis, a switch towards an alternatively activated macrophage  
14 phenotype (significantly higher expression of CD206 on both CD14+ and CD14-  
15 monocyte-macrophages<sup>25</sup>). The strong negative correlation between plasma HIV-1  
16 viral load and CD206 expression on CSF CD14+ MM even in participants not taking  
17 ART caused us to hypothesize that ART-associated alterations in macrophage polarity  
18 may occur as a direct effect of HIV-1, with a pro-inflammatory classically activated  
19 phenotype predominating in untreated HIV-1 infection, shifting towards an  
20 alternatively activated state (with increased CD206 expression) when ART is started.  
21 This theory is supported by both *in vitro* and *ex vivo* studies that have shown HIV-1  
22 replication to be associated with significant decreases in CD206 expression.<sup>40,41</sup>  
23 Larger studies are now required to determine the clinical implications of recent ART  
24 initiation in cryptococcal meningitis.

25



1 There are a number of limitations to this work. This was an exploratory study of a  
2 relatively small, heterogeneous, cohort and the findings will need to be confirmed in  
3 larger studies. Comparisons with healthy controls and HIV-1-infected persons with no  
4 CNS pathology would have been helpful but ethical considerations limit access to  
5 CSF without a clinical indication for LP. Real time flow cytometry removed the  
6 potential adverse effects of freezing on cell activation, but did preclude any ability to  
7 repeat assays. We only used one marker of alternative activation (CD206) in our  
8 antibody panel and the absence of CD56 means that findings regarding NK cells  
9 counts must be verified in other cohorts. Finally, we were unable to assess the  
10 contribution of resident microglial cells.

11  
12 Despite these caveats, this exploratory study provides novel findings regarding the  
13 human immune response in cryptococcal meningitis at the site of disease. We have  
14 provided a detailed characterization of the CSF infiltrate, identified cell types not  
15 commonly found in the blood and assessed the activation state of CSF macrophages  
16 *ex vivo*. Although recent ART was associated with a shift towards an alternatively  
17 activated macrophage phenotype, contrary to animal studies this did not appear to be  
18 associated with severe disease or poor outcome. Instead, a T cell infiltrate appears  
19 central to the protective response. We conclude that efforts to augment this immune  
20 response with pro-inflammatory agents warrant further study.

21  
22 **ACKNOWLEDGEMENTS**

23 We are grateful for the assistance of Dr Rosie Burton, Dr Gavin van Wyk and Mr  
24 Anthony Williams along with the clinical, laboratory and administrative staff of the  
25 Provincial Government of the Western Cape Department of Health for their support

1 of the study. We would also like to thank Professor Brian Faragher for additional  
2 statistical input.

3

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- 23

1 FIGURE LEGENDS

2

3 **Figure 1. CSF flow cytometry gating.** (A1) FSC-SSC plot of CSF cells after  
4 exclusion of singlets, aggregates, Cryptococcus yeasts and dead cells. Cells with high  
5 FSC noted (circled and marked \*); (A2) neutrophils defined as CD66+ and high SSC;  
6 (B) CD3 used to identify T cells; (C1) T cell subsets analyzed using CD4 and CD8;  
7 (C2) FSC-SSC view of T cells, “Large” T cells circled and marked \*; (C3) HLA-DR  
8 expression on CD4+ T cells; (C4) HLA-DR expression on CD8+ T cells; (C5)  
9 analysis of “large T cells” – majority comprise CD8+ T cells; (D) Further gating on  
10 non-T cells using CD14 and CD4 identifies monocyte-macrophages. Population of  
11 CD14- monocyte-macrophages are circled and marked †; (E1, E2) CD14 + and  
12 CD14- monocyte-macrophages have similar physical characteristics (FSC-SSC) and  
13 similar expression of CD68; (E3, E4, E5, E6) Expression of CD206, CD163, HLA-  
14 DR and CD16 (respectively) on CD14+ and CD14- MM; (F) CD3-CD4-CD14-  
15 CD16+ cells identified – likely NK cells.

16 **Figure 2. Relationship between CSF immune response and fungal burden.** (a)  
17 PCA plot detailing distribution of participants according to CSF immune response  
18 after filtering for variables significantly correlated with CSF fungal burden ( $p < 0.05$ ,  
19  $q < 0.1$ ). Axes represent the first three principal components; % displays the degree of  
20 total sample variability accounted for by component. Fungal burden is indicated by  
21 colour (scale at left of plot displays  $\log_{10}$  CFU/mL CSF). Participants with a high  
22 fungal burden (red,  $\sim 10^6$  CFU/mL) cluster together at the bottom of the plot while  
23 participants with low fungal burden (green  $\sim 10^1$  CFU/mL) group together at the top.  
24 (b) PCA plot of variables significantly correlated with fungal burden that contributed  
25 to the PCA. Position in PCA plot indicates the weighting towards the first three  
26 principal components; variables located in close proximity contribute similarly.



1 Colour indicates direction of correlation with fungal load (red – positive correlation,  
2 green – negative correlation). Absolute cell counts are expressed in cells /ml CSF  
3 while relative counts are expressed as a percentage of all CSF leukocytes (%CD45  
4 cells). Abbreviations: CD45 (leukocytes), DNT (double negative T cells, i.e. CD4-  
5 CD8-), NK (Natural Killer cells), WCC (white cell count/ $\mu$ L by microscopy), Lymph  
6 (lymphocytes/ $\mu$ L by microscopy), MFI (median fluorescence intensity).

7  
8 **Figure 3. Differences in CSF immune response between participants who**  
9 **developed high intracranial pressure during admission and those who did not.**

10 **(a)** PCA plot showing distribution of participants according to CSF immune response  
11 after filtering for variables significantly associated with raised intracranial pressure  
12 (ICP). Axes indicate the first three principal components. Participants who developed  
13 high ICP during admission ( $\geq 30$ cm H<sub>2</sub>O – blue) cluster together and broadly separate  
14 from those who do not develop high ICP ( $< 30$ cm H<sub>2</sub>O – yellow) according to CSF  
15 characteristics. **(b)** PCA plot illustrating the 12 variables that significantly differed  
16 between the two groups and hence contributed to the PCA (red – significantly greater  
17 in subjects with high ICP, green – significantly lower in subjects with high ICP  
18 ( $p < 0.05$  and  $q < 0.1$ )). Absolute cell counts are expressed as cells/ml CSF; relative  
19 counts are expressed either as a percentage of CD45 cells (%CD45) or a percentage of  
20 all flow cytometry events (%Total). **(c)** Heat map illustrating non-hierarchical cluster  
21 analysis of participants according to the same 12 variables detailed in (b). Participants  
22 who develop high ICP during admission tend to cluster at the right end of the plot.  
23 Abbreviations: ICP (intra-cranial pressure), Crypto (Cryptococcus), FSC (forward  
24 scatter, flow cytometry measurement of cell size), Crypto/CD4 FSC (relative size of  
25 Cryptococcus in relation to CD4 T cells), Large T (large T cells as detailed in Figure

1 1), DNT (double negative T cells, CD4-CD8-), WCC (white cell count), Lymph  
2 (lymphocyte count).

3 **Figure 4. Principal component analysis (PCA) and non-hierarchical cluster**  
4 **analysis examining effect of recent ART initiation on CSF immune response.** (a)

5 PCA plot showing distribution of subjects according to CSF immune response.

6 Subjects who started taking ART in the previous 12 weeks (blue dots) group together  
7 and separate from subjects not taking ART (yellow dots). The participant with

8 unmasking IRIS is marked. (b) PCA plot displaying 12 variables that contributed to  
9 the PCA. Plot position reflects variable weightings towards the three principal

10 components: red dot (variable significantly increased among participants taking  
11 ART); green dot (variable significantly decreased among participants taking ART).

12 Variables with similar contributions are positioned in close proximity; those  
13 correlated  $\geq 80\%$  are connected with lines. Statistical significance defined as  $p < 0.05$

14 and  $q < 0.1$ . (c) Heat map demonstrating non-hierarchical cluster analysis according to  
15 CSF immune response. Subjects who started ART in the previous 12 weeks (blue

16 squares) group together due to similar expression of the 12 variables (rows) detailed  
17 in (b). Expression of variable in relation to geometric mean is indicated by colour of

18 square (red – increased; green – decreased). Abbreviations: ART (anti-retroviral  
19 therapy); %T (relative frequency as a percentage of all CSF T cells); %CD45 (relative

20 frequency as a percentage of all CSF leukocytes); MFI (median fluorescence  
21 intensity); CD14+ (CD14+ monocyte-macrophages) CD14- (CD14- monocyte-

22 macrophages); CD206+ %CD14- (proportion of CD14- monocyte-macrophages  
23 expressing CD206); HLADR %CD4 (proportion of CD4 T cells expressing HLA-

24 DR).

25

**Table 1. Comparison of clinical and laboratory features at enrolment between participants taking effective ART and no ART (n=53).**

| <b>Baseline Parameters</b>                                    | <b>Recent ART<br/>(n=10)</b> | <b>No ART<br/>(n=43)</b> | <b>P-value</b> |
|---|------------------------------|--------------------------|----------------|
| <b>Age, years</b>   | 32 (27-40)                   | 37 (29-43)               | 0.369          |
| <b>Male</b>   | 3 (30%)                      | 25 (58%)                 | 0.162          |
| <b>Blood CD4 count /<math>\mu</math>L</b>                     | 60 (45-85)                   | 29 (12-67)               | 0.024          |
| <b>HIV-1 viral load log<sub>10</sub> copies/mL</b>            | 2.4 (1.3-3.3)                | 5.3 (5.1-5.6)            | <0.001         |
| <b>HIV-1 viral load &lt;40 copies/mL</b>                      | 3 (30%)                      | 0 (0%)                   | 0.005          |
| <b>Altered consciousness</b>                                  | 1 (10%)                      | 9 (21%)                  | 0.665          |
| <b>CSF opening pressure at Day 0<br/>cmH<sub>2</sub>O</b>     | 25 (12-31)                   | 25 (16-40)               | 0.465          |
| <b>Max CSF opening pressure<sup>a</sup>, cmH<sub>2</sub>O</b> | 27 (24-33)                   | 38 (22-50)               | 0.255          |
| <b>OP&gt;30 cmH<sub>2</sub>O</b>                              | 3 (38%)                      | 26 (60%)                 | 0.268          |
| <b>CSF white cells, /<math>\mu</math>L</b>                    | 8 (0-45)                     | 21 (3-115)               | 0.227          |
| <b>CSF protein, g/L</b>                                       | 0.73 (0.57-1.3)              | 0.97 (0.56-1.7)          | 0.502          |
| <b>CSF glucose, mmol/L</b>                                    | 1.9 (1.5-2.7)                | 2.5 (1.7-3)              | 0.175          |
| <b>Fungal burden, log<sub>10</sub> CFU/mL CSF</b>             | 4.1 (3.1-6.1)                | 4.7 (3.5-5.5)            | 0.838          |
| <b>Death by Day 14</b>  | 2 (20%)                      | 11 (26%)                 | 0.601          |

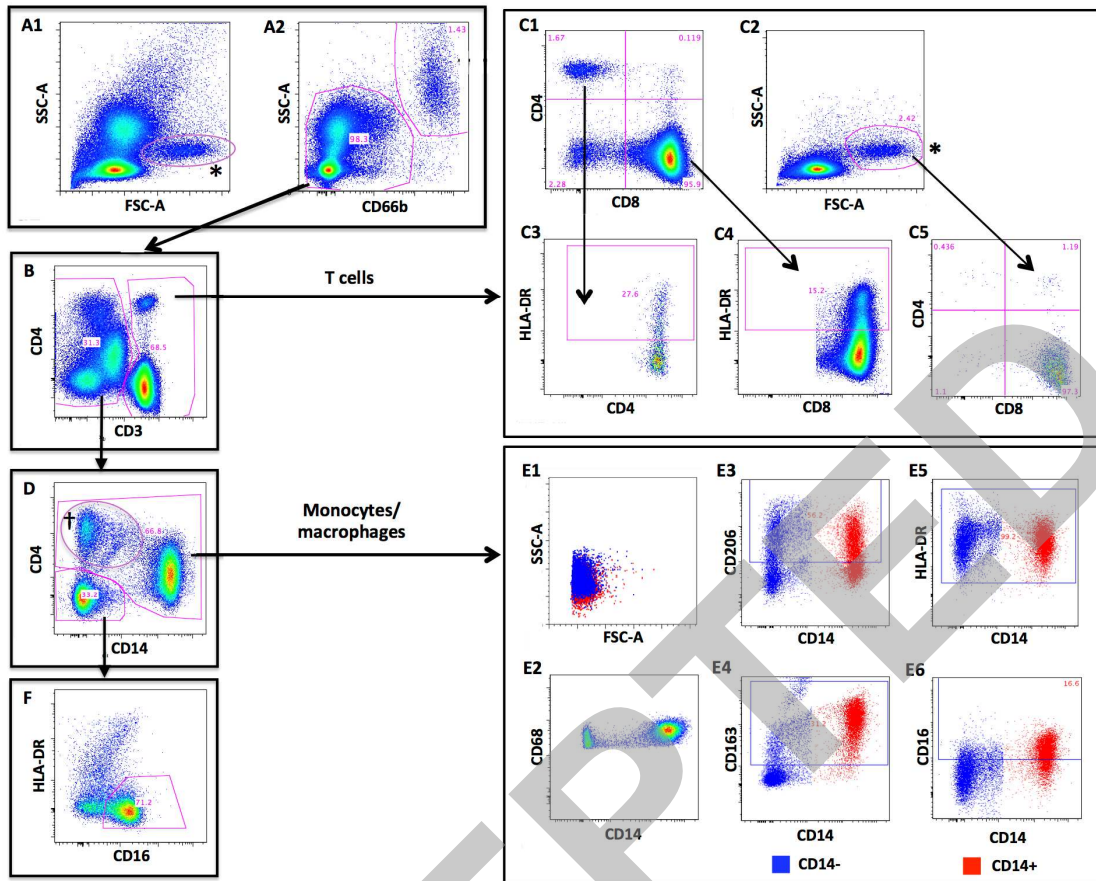
Data are numbers with percentages or median with interquartile range (IQR). P-values derived from Wilcoxon rank-sum or Fisher's exact test as appropriate.

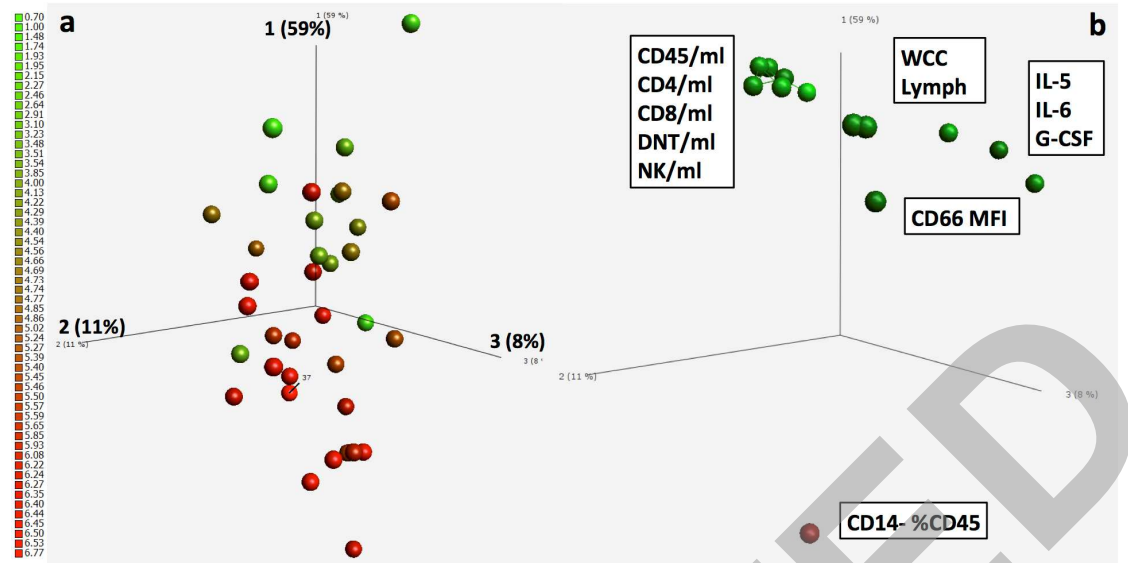
<sup>a</sup>Recent ART defined as starting 1<sup>st</sup> line ART or switching to second line ART in the 12 weeks prior to presentation.

<sup>b</sup>Maximum CSF opening pressure during first 14 days of admission

Abbreviations: ART (anti-retroviral therapy); CSF (cerebrospinal fluid); CFU (colony forming units)

ACCEPTED





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