Clinical features and survival in pulmonary Takayasu's arteritis-associated pulmonary hypertension: a national registry study

3 Xin Jiang^{1†}, Yong-Jian Zhu^{1†}, Yu-Ping Zhou^{1†}, Fu-Hua Peng², Lan Wang³, Wei Ma⁴, Yun-Shan

4 Cao⁵, Xin Pan⁶, Gang-Cheng Zhang⁷, Feng Zhang⁸, Fen-Ling Fan⁹, Bing-Xiang Wu¹⁰, Wei

5 Huang¹¹, Zhen-Wen Yang¹², Cheng Hong¹³, Meng-Tao Li¹⁴, Yi-Ning Wang¹⁵, Xi-Qi Xu¹, Duo-

6 Lao Wang¹⁶, Shu-Yang Zhang^{1*}, Zhi-Cheng Jing^{1*}

7

8 Affiliations

¹Department of Cardiology, State Key Laboratory of Complex Severe and Rare Diseases,
Peking Union Medical College Hospital, Chinese Academy of Medical Sciences and Peking
Union Medical College, 100730, Beijing, China;

¹² ²Department of Pulmonary Vascular Disease and Thrombosis Medicine, FuWai Hospital, State

13 Key Laboratory of Cardiovascular Disease, National Center for Cardiovascular Diseases,

14 Chinese Academy of Medical Sciences and Peking Union Medical College, 100037, Beijing,

15 China;

16 ³Department of Cardio-Pulmonary Circulation, Shanghai Pulmonary Hospital, Tongji

17 University, 200433, Shanghai, China;

⁴Department of Cardiology, Peking University First Hospital, Peking University, 100034,

19 Beijing, China;

⁵Department of Cardiology, Gansu Provincial Hospital, 730000, Lanzhou, China;

⁶Department of Cardiology, Shanghai Chest Hospital, Shanghai Jiao Tong University, 200030,

22 Shanghai, China;

1	⁷ Congenital Heart Disease Center, Wuhan Asia Heart Hospital, 430022, Wuhan, China;
2	⁸ Department of Respiratory, General Hospital of Xinjiang Military Region, 830000, Urumqi,
3	China;
4	⁹ Department of Cardiology, The First Affiliated Hospital of Xi'an Jiaotong University, Xi'an
5	Jiaotong University, 710061, Xi'an, China;
6	¹⁰ Department of Cardiology, The Second Affiliated Hospital of Harbin Medical University,
7	Harbin Medical University, 150001, Harbin, China;
8	¹¹ Department of Cardiology, The First Affiliated Hospital of Chongqing Medical University,
9	Chongqing Medical University, 400016, Chongqing, China;
10	¹² Department of Cardiology, Tianjin Medical University General Hospital, Tianjin Medical
11	University, 300052, Tianjin, China;
12	¹³ State Key Laboratory of Respiratory Disease, National Clinical Research Center for
13	Respiratory Disease, Guangzhou Institute of Respiratory Health, The First Affiliated Hospital
14	of Guangzhou Medical University, 510120, Guangzhou, China;
15	¹⁴ Department of Rheumatology, Peking Union Medical College Hospital, Chinese Academy of
16	Medical Sciences and Peking Union Medical College, 100730, Beijing, China;
17	¹⁵ Department of Radiology, Peking Union Medical College Hospital, Chinese Academy of
18	Medical Sciences and Peking Union Medical College, 100730, Beijing, China;
19	¹⁶ Department of Clinical Sciences, Liverpool School of Tropical Medicine, L3 5QA, Liverpool,
20	UK
21	
22	[†] The first three authors contributed equally to the study.

1	*	Corres	ponding	author:
---	---	--------	---------	---------

2	Prof. Zhi-Cheng Jing, MD, PhD, Department of Cardiology, State Key Laboratory of
3	Complex Severe and Rare Diseases, Peking Union Medical College Hospital, Chinese
4	Academy of Medical Sciences and Peking Union Medical College, No. 1, Shuaifuyuan,
5	Dongcheng District, Beijing, 100730, China. Tel/Fax: 8610-69155023, E-mail:
6	jingzhicheng@vip.163.com
7	
8	Prof. Shu-Yang Zhang, MD, PhD, Department of Cardiology, State Key Laboratory of
9	Complex Severe and Rare Diseases, Peking Union Medical College Hospital, Chinese

Academy of Medical Sciences and Peking Union Medical College, No. 1, Shuaifuyuan, 10 Dongcheng District, Beijing, 100730, China. E-mail: shuyangzhang103@163.com 11

12

1 ABSTRACT

Aims: This study aimed to assess the clinical characteristics and long-term survival outcome 2 3 in patients with pulmonary Takayasu's arteritis-associated pulmonary hypertension (PTA-PH). Methods and results: We conducted a nationally representative cohort study of PTA-PH using 4 5 data from the National Rare Diseases Registry System of China. Patients with pulmonary artery involvement who fulfilled the diagnostic criteria of Takayasu's arteritis and pulmonary 6 hypertension were included. The primary outcome was the time from diagnosis of PTA-PH to 7 the occurrence of all-cause death. Between Jan. 2007 and Jan. 2019, a total of 140 patients 8 9 were included, with a mean age of 41.4 years at diagnosis, and a female predominance (81%). Patients with PTA-PH had severely hemodynamic and functional impairments at diagnosis. 10 Significant improvements have been found in N-terminal pro-B type natriuretic peptide (NT-11 12 proBNP) and hemodynamic profiles in patients with PTA-PH received drugs approved for pulmonary arterial hypertension. The overall 1-year, 3-year, and 5-year survival rates in PTA-13 PH were 94.0%, 83.2%, and 77.2%, respectively. Predictors associated with an increased risk 14 of all-cause death were syncope [adjusted hazard ratio (HR) 5.38 (1.77–16.34), P = 0.003], NT-15 proBNP level [adjusted HR 1.04 (1.03–1.06), P < 0.001], and mean right atrial pressure 16 [adjusted HR 1.07 (1.01–1.13), P = 0.015]. 17

Conclusion: Patients with PTA-PH were predominantly female and had severely compromised
hemodynamics. More than 80% of patients in our cohort survived for at least three years.
Medical treatment was based on investigators' personal opinion and no clear risk-to-benefit
ratio can be derived from the presented data.

22 Keywords: Takayasu's arteritis • Pulmonary artery involvement • Pulmonary hypertension

1 • Clinical features • Survival

1 Introduction

Takayasu's arteritis, which predominantly involves the aorta and its major branches, is a primary and granulomatous vasculitis of unknown origin.^{1, 2} It is characterized by infiltrative inflammation in the vessel wall, resulting in varying lesions of wall thickening, stenosis, occlusion or aneurysms. The disorder is distributed worldwide, affecting both genders, but it disproportionally affects young women and the Asian population.³ The clinical manifestations of Takayasu's arteritis are usually nonspecific and remarkably heterogeneous, depending on the affected vessels and the severity of disease progression.^{4, 5}

In recent years, pulmonary Takayasu's arteritis has been recognized as pulmonary artery 9 involvement in Takayasu's arteritis.^{6, 7} The occurrence of pulmonary artery involvement was 10 not rare in patients with Takayasu's arteritis.^{4, 8-10} Approximately half of patients with 11 12 pulmonary Takayasu's arteritis suffer from overt pulmonary hypertension (PH) during their courses, which is mostly secondary to pulmonary artery stenosis or occlusion.^{11, 12} Furthermore, 13 the systemic artery involvement could theoretically cause post-capillary PH in a subset of 14 patients with pulmonary Takayasu's arteritis. Hemodynamic assessment based on right-heart 15 catheterization was, therefore, essential for accurate diagnosis and subsequent classification of 16 PH. In the real world, patients with pulmonary Takayasu's arteritis associated-PH (PTA-PH) 17 always experience delayed diagnosis due to nonspecific clinical manifestations and lack of 18 attention regarding early symptoms of impaired pulmonary circulation. Up to now, information 19 on clinical characteristics and long-term outcomes of patients with PTA-PH are only from case-20 series and small cohort studies, with their determination of PH commonly dependent on 21 echocardiography.¹¹⁻¹³ Clinical phenotyping, by invasive hemodynamics, of patients with PTA-22

PH is still not well established. The huge knowledge gap in the current international guidelines
 and recommendations has largely impeded the clinical management of patients with PTA PH.¹⁴⁻¹⁶

Therefore, this multi-center cohort study was conducted to assess the clinical features,
especially the hemodynamics characteristics, of patients with PTA-PH, and evaluate their longterm survival outcomes and identify prognostic factors for all-cause death.

7

8 Methods

9 Study cohort

We conducted a multi-center cohort study using the clinical, functional, and hemodynamic data 10 from the National Rare Diseases Registry System of China (https://nrdrs.org.cn). The system 11 12 is a nationwide registration of rare diseases, created in 2016 at Peking Union Medical College Hospital with contributions from other academic institutions.¹⁷ Patients with rare types of PH, 13 including but not limited to, group one pulmonary arterial hypertension (PAH), chronic 14 15 thromboembolic pulmonary hypertension (CTEPH), and arteritis-associated PH (NCT03169010), were routinely registered. 16

Patients with PTA-PH who were registered for this study were geographically located in 13 PH referral centers, situated in ten provinces or municipalities of China. All patients were included between Jan. 2007 and Jan. 2019, based on the following procedures. Firstly, the diagnosis of Takayasu's arteritis was completed according to the Ishikawa criteria modified by Sharma and/or the 1990 American College of Rheumatology criteria.^{18, 19} Secondly, pulmonary artery involvement was determined by either of the two imaging modalities, i.e., computed

tomography pulmonary angiography or transcatheter pulmonary angiography. Typical 1 pulmonary artery involvement included stenosis, occlusion, dilation, or aneurysm. 2 Representative images of pulmonary artery involvement in patients with PTA-PH were 3 presented in supplementary material online, *Figure S1*. We excluded patients with pulmonary 4 artery involvement caused by non-Takayasu's arteritis, such as other types of vasculitis (e.g., 5 Behcet's disease, giant cell arteritis and antineutrophil cytoplasmic antibody associated-6 vasculitis), CTEPH, pulmonary artery sarcoma, fibrosing mediastinitis, pulmonary sarcoidosis, 7 or schistosomiasis. Finally, all patients received standard right-heart catheterization in 8 accordance with current guideline.¹⁶ The study was performed in accordance with the 9 Declaration of Helsinki and approved by the local Ethics Committee of each participating 10 institution. All patients gave their written informed consent. 11

12

13 Data sources

Data on patient characteristics at first admission for PTA-PH diagnosis were collected, 14 including demographic information, clinical symptoms, medical history, World Health 15 Organization (WHO) functional class, six-minute walking distance, serological testing, 16 vascular involvement, echocardiographic findings, invasive hemodynamics, and treatments. 17 An elevated inflammatory marker was defined as C-reactive protein (CRP) > 5 mg/L or 18 erythrocyte sedimentation rate (ESR) > 20 mm/h at diagnosis of PTA-PH, after any causes 19 other than arteritis were excluded. The presence of left heart disease in patients with PTA-PH 20 was identified by the echocardiography measuring left atrial or ventricular enlargement, 21 moderate or severe left heart valve disease, or a left ventricular ejection fraction of less than 22

1 50%. Multidisciplinary teams consisting of senior rheumatologists, cardiologists, and 2 radiologists, were established to collectively make the decisions regarding Takayasu's arteritis 3 related therapies, including the use, timing, and dosage of corticosteroids and 4 immunosuppressants. Drugs approved for PAH (endothelin receptor antagonists, 5 phosphodiesterase type-5 inhibitors, and prostacyclin derivatives) were given to patients 6 according to the clinical judgment and discretion of the individual treating physicians.

7

8 Clinical assessment and follow-up

Follow-ups were conducted on all patients via clinic visits, phone calls or online interviews.
The study's primary outcome was the time from diagnosis of PTA-PH to the occurrence of allcause death. The data from the first clinical and hemodynamic assessments after enrollment
were collected to analyze the therapeutic effects of drugs approved for PAH on patients with
PTA-PH.

14

15 Statistical analyses

Continuous variables were presented as mean (standard deviation, SD) or median (interquartile range, IQR). Categorical variables were summarized by number (proportion). For the twogroup comparisons of patients stratified by inflammatory markers, the unpaired t-test or the Mann-Whitney U test was used for continuous variables, and the Chi-square test or the Fisher exact test for categorical variables, as appropriate. To assess the therapeutic effects of drugs approved for PAH on clinical and hemodynamics measurements, generalized linear mixed models were used to estimate the mean changes or odds ratio between re-evaluation and baseline with 95% confidence intervals in clinical and hemodynamics variables, with time as
 study variable, age and sex as covariates, and subject as random effect.

- 3 The survival time for each patient was calculated in months from the date of diagnosis until the date of death, or until the last visit if the patient was still alive. Survival curves were 4 5 estimated by the Kaplan-Meier method and compared using the log-rank test. A multivariable 6 Cox proportional hazard model was used to evaluate potential factors associated with all-cause death. Variables that demonstrated an association with the outcome at a level of 0.05 or less in 7 univariate analysis were candidates for further multivariate analysis. Variable selection in the 8 9 final parsimonious multivariate model was based on a backward stepwise selection procedure. Multiple imputation method was used for imputing missing variables at baseline in multivariate 10 Cox regression analysis. Sensitivity analysis will be performed on the complete cases. All 11 12 statistical analyses were performed using SAS version 9.4 (SAS Institute) and R version 3.6.0
- 13 (The R Foundation). A two-sided P < 0.05 was considered statistically significant.

14

15 **Results**

16 **Patient selection**

The screening and inclusion of patients with PTA-PH are presented in *Figure 1*. Initially, 168 patients suspected of having Takayasu's arteritis were screened. Among them, 6 patients were excluded due to having other etiologies of pulmonary artery stenosis (2 with Behcet's disease, two with CTEPH, 1 with pulmonary sarcoidosis, and 1 with schistosomiasis), and another 22 patients were further excluded due to the absence of invasive hemodynamic parameters (N =12), or baseline mean pulmonary artery pressure less than 25 mm Hg (N = 10). Finally, a total 1 of 140 patients fulfilled the inclusion criteria of PTA-PH and were included in the analysis.

2

3 Clinical characteristics

Most patients (81%) in the current study were female. The mean age of patients was 36.1 ±
14.3 years at initial PH-associated symptoms, and 41.4 ± 14.3 years at confirmed diagnosis of
PTA-PH (see *Table 1*). The median diagnosis delay from symptoms onset to PH diagnosis was
2.0 (IQR 1.0–6.0) years. Hemoptysis was a common symptom, occurring in 50 (36%) patients
with PTA-PH. Syncope episodes were observed in 14 (10%) patients. A history of tuberculosis
infection was found in 27 (19%) patients; no patients had active tuberculosis.

Severely compromised hemodynamic profiles were identified in our patients, characterized 10 by an elevated mean pulmonary artery pressure ($50 \pm 16 \text{ mm Hg}$) and pulmonary vascular 11 12 resistance $(10.8 \pm 6.4 \text{ Wood U})$ (see *Table 1*). According to the classification of PH, 118 patients (85%) were diagnosed with pre-capillary PH. Fourteen (10%) patients were identified to have 13 both elevated pulmonary artery wedge pressure (>15 mm Hg) and elevated pulmonary vascular 14 resistance (> 3 Wood U). Additionally, 8 patients were only diagnosed with PH due to the 15 absence of pulmonary artery wedge pressure or pulmonary vascular resistance. Moreover, 16 isolated post-capillary PH was not observed using available data. 17

In the present study, 81 (58%) patients had normalized inflammatory markers at diagnosis. Elevated CRP and ESR were separately recorded in 44 (31%) and 33 (24%) patients, with 20 (14%) patients recorded as having both CRP and ESR elevation. Compared to patients with elevated inflammatory markers, patients with a normal level exhibited a higher mean pulmonary artery pressure (54 \pm 18 mm Hg versus 46 \pm 13 mm Hg, *P* = 0.004). The details of comparisons between the two groups are shown in the Supplementary material online, *Table S1*.

Regarding medical treatment, drugs approved for PAH were prescribed for 127 (91%) patients, of which 63 (45%) patients were administrated with combination therapy and 10 (7%) with triple-combination therapy. Eighty-six (62%) patients received corticosteroids and 28 (20%) received immunosuppressants for Takayasu's arteritis. Among them, 27 (19%) patients were treated using a combined strategy of corticosteroids and immunosuppressants.

8

9 Treatment effects of drugs approved for PAH

After a median follow-up time of 6 (IQR 3–15) months, 92 of 127 patients who received drugs 10 approved for PAH completed first clinical assessments. Of these, data on hemodynamics at 11 12 follow-up visits were available for 61 patients. A significant decrease was found in N-terminal pro-B type natriuretic peptide (NT-proBNP) [log-transformed -0.34 (95% confidence interval 13 (CI) -0.62 - -0.05), P = 0.022], mean pulmonary artery pressure [-3.36 mm Hg (95% CI -6.46 14 -0.26), P = 0.034], and pulmonary vascular resistance [-1.93 Wood U (95% CI -2.89 - 0.98), 15 P < 0.001] after treatment (see *Table 2*). The treatment of drugs approved for PAH was also 16 associated with an increment in cardiac index [0.30 L/min per m² (95% CI 0.03 – 0.56), P =17 0.028)]. However, numerical but non-significant improvements were observed in six-minute 18 walking distance and WHO functional class. 19

20

21 Long-term survival

Eight out of the 140 patients (6%) were lost to follow-up. The median follow-up time was 24

1 (IQR 9–56) months. Death was recorded in 20 patients, with overall 1-year, 3-year, and 5-year 2 survival rates of 94.0% (95% CI 90.0–98.4), 83.2% (95% CI 75.4–91.7), and 77.2% (95% CI 3 67.8–87.9), respectively (see *Figure 2*). The causes of death were right heart failure (N = 17), 4 sudden cardiac death (N = 1), massive hemoptysis (N = 1), and lung infection (N = 1). We did 5 not observe any significant differences in survival rates between patients with normal and 6 elevated inflammation markers (log-rank P = 0.310).

7

8 Risk factors for all-cause death

9 In univariate analyses, 12 baseline variables were associated with all-cause death (see *Table 3*). Three significant predictors were retained, following backward-stepwise variable selection, in 10 the final multivariate Cox regression model (see Table 3). The factors associated with an 11 12 increased risk of all-cause death were the presence of syncope [adjusted hazard ratio (HR) 5.38, 95% CI 1.77-16.34, P = 0.003), increased NT-proBNP level (adjusted HR per 100 pg/mL 1.04, 13 95% CI 1.02–1.06, P < 0.001) and elevated mean right atrial pressure (adjusted HR per 1 mm 14 Hg 1.07, 95% CI 1.02–1.13, P = 0.015). The Cox model, with the three significant predictors, 15 was also estimated as a sensitivity analysis, based on the complete cases, and similar results 16 were observed (see Supplementary material online, Table S2). 17

18

19 **Discussion**

As far as we know, this is the first multi-center cohort study with a large enough sample size to establish clinical features and long-term prognosis of patients with PTA-PH, based on diagnostic right-heart catheterization. We found that patients with PTA-PH presented with a severely compromised function status and hemodynamics at diagnosis. In a subset of 92 patients who completed the first clinical assessments, significant improvements were found in NT-proBNP, mean pulmonary artery pressure, cardiac index, and pulmonary vascular resistance after treatment of PAH medications. Patients with PTA-PH had an estimated 3-year survival rate of 83.2%, and most of them died owing to right heart failure. Furthermore, the syncope symptom, NT-proBNP, and mean right atrial pressure were found to be significantly associated with all-cause death.

Takayasu's arteritis has been known to mainly affect young females at their second and 8 9 third decades of life. In our cohort, female predominance in patients with PTA-PH was consistent with that in Takayasu's arteritis populations.^{2, 5} However, the onset time of first PH-10 associated symptom seems 5-10 years later than the occurrence of Takayasu's arteritis.^{20, 21} 11 Given the symptoms of patients with PTA-PH are usually insidious and nonspecific, diagnosis 12 delay was common, with a median of 2 years in our study.⁸ Tuberculosis infection was found 13 in 19% of patients with PTA-PH, which was largely in parallel with a previous study.²² 14 15 Observational data has found that tuberculosis is related to more frequent pulmonary artery involvement and more chest discomfort in patients with Takayasu's arteritis,²³ but there is still 16 little known about the role of tuberculosis infection in the development and progression of 17 Takayasu's arteritis and PTA-PH. 18

The prevalence of hemoptysis in patients with PTA-PH (36%) is pretty high, and in accordance with a previous report.¹³ The suspected causes for hemoptysis are inconclusive, including the rupture of collateral vessels or micro-aneurysms, hypertensive response, or pulmonary infarction.²⁴ Moreover, frequent anticoagulants using in this study may have facilitated the high rate of hemoptysis. In clinical practice, anticoagulants have been
 empirically used for the prophylaxis of *in situ* thrombosis, which was not rare in patients with
 PTA-PH.¹² However, the risk-benefit for anticoagulation treatment should be further
 investigated.

5 Despite notable divergences in underlying causes of pulmonary vascular obstruction, PTA-PH and CTEPH might share similar pathophysiological mechanisms of the pre-capillary PH 6 7 development, such as pulmonary vascular bed loss by mechanical obstruction and secondary remodeling of unobstructed vessels.²⁵ Additionally, elevated pulmonary artery wedge pressure 8 9 was also identified in some patients with PTA-PH, which could possibly be attributed to the impairments of systolic or diastolic left ventricular function due to hypertension secondary to 10 the extensive systemic artery stenosis or severely aortic valve involvement. However, in view 11 12 of the fact that left heart disease only existed in a fraction of patients with elevated pulmonary artery wedge pressure, most if not all patients of elevated pulmonary artery wedge pressure 13 were probably due to false measurement caused by central pulmonary artery involvement. 14

Moreover, elevated CRP and ESR levels were observed separately in 31% and 24% of 15 patients with PTA-PH. We also found that patients with normal level of inflammatory makers 16 had a higher mean pulmonary artery pressure. The active inflammation was commonly seen at 17 the early stage of Takayasu's arteritis and tapered with frequent relapse at the late stage. 18 Patients with PTA but not PH have been indicated at the early and active inflammatory stage 19 with the suggesting of a shorter disease course, a higher level of ESR, and a higher incidence 20 of subpleural wedge-shaped shadows, comparing to those with PTA-PH.⁸ We hence assumed 21 that patients with normal inflammatory markers might have a longer clinical course of 22

Takayasu's arteritis and present with more severe pulmonary vascular remodeling in
 comparison to those with elevated inflammatory markers.

3 Despite data are limited, a number of "real-world" patients with pre-capillary PH have been prescribed with drugs approved for PAH. In the current study, we found significant post-4 treatment improvements in NT-proBNP level and pulmonary hemodynamics among patients 5 with PTA-PH receiving drugs approved for PAH. Nevertheless, these finding should be 6 interpreted with caution especially considering that the study design and sample size could not 7 provide sufficient evidence. The dispensing of drugs approved for PAH based on investigators' 8 9 personal opinion also made the interpretation of results difficult. Future prospective, controlled trials were warrant to identify the risk-to-benefit of drugs approved for PAH in patients with 10 PTA-PH. Additionally, as the established treatment strategies for CTEPH, pulmonary 11 12 endarterectomy and balloon pulmonary angioplasty also might be the treatment options that need to be further explored in patients with PTA-PH. 13

In this study, we observed that the 3-year survival rate of PTA-PH was 83.2%, which was 14 poorer than overall survival in Takayasu's arteritis cohort.²⁶ PH-associated right heart failure 15 was the main cause of death in patients with PTA-PH, differing from the left heart failure and 16 vascular complications, which substantially contributed to death in patients with Takayasu's 17 arteritis. In the multivariate Cox model, we identified syncope symptoms, NT-proBNP and 18 mean right atrial pressure as factors independently associated with all-cause death in patients 19 with PTA-PH. These markers presented a strong relationship with PH phenotype, and the 20 prognostic value of them had been reported in current PH guidelines.¹⁶ Furthermore, these 21 findings also suggest that the PH per se, instead of Takayasu's arteritis related factors like 22

systemic artery involvement or inflammatory markers, was the decisive factor of long-term
 prognosis of PTA-PH.

3

4 Limitations

5 Some limitations in our study need to be acknowledged. Firstly, this study was limited by its 6 small number of patients. Given the sample size and number of events, the study may fail to reach statistical power, therefore, the findings should be considered hypothesis-generating 7 rather than definitive evidence. However, patient recruitment for such rare disease is difficult 8 9 and the current study performed in 13 referral centers of China represents the largest cohort of PTA-PH to date. Secondly, we included patients with well-defined pulmonary Takayasu's 10 arteritis and PH phenotypes, therefore, the generalization of our findings to patients only with 11 12 pulmonary Takayasu's arteritis should be cautious. Thirdly, it should be noted that the overestimated pulmonary artery wedge pressure in some patients was still possible due to the 13 presence of stenosis/obstructions in proximal pulmonary arteries. Last but not least, limited by 14 study design and treatment heterogeneity of drugs approved for PAH, this study could not 15 provide sufficient information on the risk-to-benefit ratio of drugs approved for PAH in patients 16 with PTA-PH. 17

18

19 Conclusions

In this first multi-center cohort study of PTA-PH with invasive hemodynamic diagnoses, we found that patients with PTA-PH were predominantly female and had severely compromised hemodynamics. We further found that more than 80% of patients could survive for three years

1	from diagnosis. Medical treatment was based on investigators' personal opinion and no clear
2	risk-to-benefit ratio can be derived from the presented data. These findings provide new
3	insights into this specific PH entity, and call for future therapeutic trials to improve the
4	prognosis of patients with PTA-PH.
5	
6	Data sharing statement
7	The data underlying this article will be shared on reasonable request to the corresponding
8	author.
9	
10	Acknowledgements
11	None.
12	
13	Funding
14	This work was supported by the National Key Research and Development Program of China
15	[2016YFC0901502] and Chinese Academy of Medical Sciences Innovation Fund for Medical
16	Sciences [2016-I2M-1-002, 2020-I2M-C&T-B-004].
17	Conflict of Interest: The Authors declare that there is no conflict of interest.

1 References

Ishikawa K. Patterns of symptoms and prognosis in occlusive thromboaortopathy
 (Takayasu's disease). *J Am Coll Cardiol* 1986;8:1041-1046.

Ishikawa K, Maetani S. Long-term outcome for 120 Japanese patients with Takayasu's
 disease. Clinical and statistical analyses of related prognostic factors. *Circulation* 1994;90:1855-1860.

7 3. Onen F, Akkoc N. Epidemiology of Takayasu arteritis. *Presse Med* 2017;46:e197-e203.

8 4. Watanabe Y, Miyata T, Tanemoto K. Current Clinical Features of New Patients With

9 Takayasu Arteritis Observed From Cross-Country Research in Japan: Age and Sex Specificity.
10 *Circulation* 2015;**132**:1701-1709.

11 5. Comarmond C, Biard L, Lambert M, Mekinian A, Ferfar Y, Kahn JE, Benhamou Y, Chiche

12 L, Koskas F, Cluzel P, Hachulla E, Messas E, Resche-Rigon M, Cacoub P, Mirault T, Saadoun

13 D. Long-Term Outcomes and Prognostic Factors of Complications in Takayasu Arteritis: A

14 Multicenter Study of 318 Patients. *Circulation* 2017;**136**:1114-1122.

Lupi E, Sanchez G, Horwitz S, Gutierrez E. Pulmonary artery involvement in Takayasu's
 arteritis. *Chest* 1975;67:69-74.

17 7. Brugiere O, Mal H, Sleiman C, Groussard O, Mellot F, Fournier M. Isolated pulmonary

arteries involvement in a patient with Takayasu's arteritis. *Eur Respir J* 1998;11:767-770.

Yang J, Peng M, Shi J, Zheng W, Yu X. Pulmonary artery involvement in Takayasu's
 arteritis: diagnosis before pulmonary hypertension. *BMC Pulm Med* 2019;19:225.

9. Li J, Sun F, Chen Z, Yang Y, Zhao J, Li M, Tian X, Zeng X. The clinical characteristics of

22 Chinese Takayasu's arteritis patients: a retrospective study of 411 patients over 24 years.

- 1 *Arthritis Res Ther* 2017;**19**:107.
- 2 10. Yang L, Zhang H, Jiang X, Zou Y, Qin F, Song L, Guan T, Wu H, Xu L, Liu Y, Zhou X,
- 3 Bian J, Hui R, Zheng D. Clinical manifestations and longterm outcome for patients with
- 4 Takayasu arteritis in China. *J Rheumatol* 2014;**41**:2439-2446.
- 5 11. He Y, Lv N, Dang A, Cheng N. Pulmonary Artery Involvement in Patients with Takayasu
 6 Arteritis. *J Rheumatol* 2020;47:264-272.
- 7 12. Kong X, Ma L, Lv P, Cui X, Chen R, Ji Z, Chen H, Lin J, Jiang L. Involvement of the
- 8 pulmonary arteries in patients with Takayasu arteritis: a prospective study from a single centre
- 9 in China. *Arthritis Res Ther* 2020;**22**:131.
- 13. Toledano K, Guralnik L, Lorber A, Ofer A, Yigla M, Rozin A, Markovits D, BraunMoscovici Y, Balbir-Gurman A. Pulmonary arteries involvement in Takayasu's arteritis: two
 cases and literature review. *Semin Arthritis Rheum* 2011;41:461-70.
- 13 14. Fukuda K, Date H, Doi S, Fukumoto Y, Fukushima N, Hatano M, Ito H, Kuwana M,
- 14 Matsubara H, Momomura SI, Nishimura M, Ogino H, Satoh T, Shimokawa H, Yamauchi-
- 15 Takihara K, Tatsumi K, Ishibashi-Ueda H, Yamada N, Yoshida S, Abe K, Ogawa A, Ogo T,
- 16 Kasai T, Kataoka M, Kawakami T, Kogaki S, Nakamura M, Nakayama T, Nishizaki M,
- 17 Sugimura K, Tanabe N, Tsujino I, Yao A, Akasaka T, Ando M, Kimura T, Kuriyama T,
- 18 Nakanishi N, Nakanishi T, Tsutsui H. Guidelines for the Treatment of Pulmonary Hypertension
- 19 (JCS 2017/JPCPHS 2017). *Circ J* 2019;**83**:842-945.
- 20 15. Simonneau G, Montani D, Celermajer DS, Denton CP, Gatzoulis MA, Krowka M,
- 21 Williams PG, Souza R. Haemodynamic definitions and updated clinical classification of
- pulmonary hypertension. *Eur Respir J* 2019;**53**:1801913.

1	16. Galiè N, Humbert M, Vachiery JL, Gibbs S, Lang I, Torbicki A, Simonneau G, Peacock A,
2	Vonk Noordegraaf A, Beghetti M, Ghofrani A, Gomez Sanchez MA, Hansmann G, Klepetko
3	W, Lancellotti P, Matucci M, McDonagh T, Pierard LA, Trindade PT, Zompatori M, Hoeper M.
4	2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension: The
5	Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European
6	Society of Cardiology (ESC) and the European Respiratory Society (ERS): Endorsed by:
7	Association for European Paediatric and Congenital Cardiology (AEPC), International Society
8	for Heart and Lung Transplantation (ISHLT). Eur Heart J 2016;37:67-119.
9	17. Feng S, Liu S, Zhu C, Gong M, Zhu Y, Zhang S. National Rare Diseases Registry System
10	of China and Related Cohort Studies: Vision and Roadmap. Hum Gene Ther 2018;29:128-135.
11	18. Sharma BK, Jain S, Suri S, Numano F. Diagnostic criteria for Takayasu arteritis. Int J
12	<i>Cardiol</i> 1996; 54 Suppl :S141-S147.
13	19. Arend WP, Michel BA, Bloch DA, Hunder GG, Calabrese LH, Edworthy SM, Fauci AS,
14	Leavitt RY, Lie JT, Lightfoot RW, Jr., Masi AT, Mcshane DJ, Mills JA, Stevens MB, Wallace
15	SL, Zvaifler NJ. The American College of Rheumatology 1990 criteria for the classification of
16	Takayasu arteritis. Arthritis Rheum 1990;33:1129-1134.
17	20. Kerr GS, Hallahan CW, Giordano J, Leavitt RY, Fauci AS, Rottem M, Hoffman GS.
18	Takayasu arteritis. Ann Intern Med 1994;120:919-929.
19	21. Yajima M, Numano F, Park YB, Sagar S. Comparative studies of patients with Takayasu
20	arteritis in Japan, Korea and Indiacomparison of clinical manifestations, angiography and
21	HLA-B antigen. Jpn Circ J 1994; 58 :9-14.

22 22. Lim AY, Lee GY, Jang SY, Gwag HB, Choi SH, Jeon ES, Cha HS, Sung K, Kim YW, Kim

1	SM, Choe YH, Koh WJ, Kim DK. Comparison of clinical characteristics in patients with
2	Takayasu arteritis with and without concomitant tuberculosis. Heart Vessels 2016;31:1277-
3	1284.
4	23. Zhang Y, Fan P, Luo F, Zhang HM, Song L, Ma WJ, Wu HY, Cai J, Wang LP, Zhou XL.
5	Tuberculosis in Takayasu arteritis: a retrospective study in 1105 Chinese patients. J Geriatr
6	<i>Cardiol</i> 2019; 16 :648-655.
7	24. Koyabu S, Isaka N, Yada T, Konishi T, Nakano T. Severe respiratory failure caused by
8	recurrent pulmonary hemorrhage in Takayasu's arteritis. Chest 1993;104:1905-1906.
9	25. Simonneau G, Torbicki A, Dorfmuller P, Kim N. The pathophysiology of chronic
10	thromboembolic pulmonary hypertension. Eur Respir Rev 2017;26:160112.
11	26. Mirouse A, Biard L, Comarmond C, Lambert M, Mekinian A, Ferfar Y, Kahn JE,
12	Benhamou Y, Chiche L, Koskas F, Cluzel P, Hachulla E, Messas E, Cacoub P, Mirault T,
13	Resche-Rigon M, Saadoun D. Overall survival and mortality risk factors in Takayasu's arteritis:
14	A multicenter study of 318 patients. J Autoimmun 2019;96:35-39.

1 Figure legends

Figure 1 Flowchart of the study patient selection. PTA, pulmonary Takayasu's arteritis;
CTEPH, chronic thromboembolic pulmonary hypertension; RHC, right-heart catheterization;
mPAP, mean pulmonary artery pressure.
Figure 2 Kaplan-Meier plot for survival rate in patients with pulmonary Takayasu's arteritisassociated pulmonary hypertension. The overall 1-year, 3-year, and 5-year survival rates were

- 7 94.0% (95% CI 90.0-98.4), 83.2% (95% CI 75.4-91.7), and 77.2% (95% CI 67.8-87.9),
- 8 respectively.

Characteristics	All patients (N = 140)
Age at initial symptoms (years)	36.1 ± 14.3
Age at diagnosis of PH (years)	41.4 ± 14.3
Diagnosis delay (years)	2.0 (1.0-6.0)
Female sex	113 (81)
Hemoptysis	50 (36)
Syncope	14 (10)
Hypertension	37 (26)
History of tuberculosis infection	27 (19)
NT-proBNP (pg/mL)	127, 752 (173–2040)
C-reactive protein (mg/L)	138, 3.3 (2.0–6.9)
Erythrocyte sedimentation rate (mm/h)	133, 8.0 (4.0–20.0)
WHO functional class III-IV	73 (52)
Six-minute walking distance (m)	$115, 373 \pm 132$
Hemodynamics	
Mean right atrial pressure (mm Hg)	$137, 9 \pm 6$
Mean pulmonary artery pressure (mm Hg)	50 ± 16
Pulmonary artery wedge pressure (mm Hg)	137, 11 ± 5
Cardiac index (L/min per m ²)	$136, 2.7 \pm 0.8$
Pulmonary vascular resistance (Wood U)	$137, 10.8 \pm 6.4$

 Table 1 Baseline characteristics of patients with pulmonary Takayasu's arteritis

associated pulmonary hypertension^a

Arterial oxygen saturation (%)	$130, 92 \pm 6$
Mixed venous oxygen saturation (%)	$133, 63 \pm 12$
Stroke volume index (mL/m ²)	$138, 31 \pm 10$
Pulmonary arterial compliance (mL/mm Hg)	$138, 0.95 \pm 0.66$
Medications	
Corticosteroid	86 (61)
Immunosuppressant	29 (21)
Anticoagulation	87 (62)
Drugs approved for PAH	127 (91)
ERA	73 (52)
PDE5 inhibitor	98 (70)
Oral beraprost	8 (6)
Subcutaneous treprostinil	2 (1)
None/Mono/Dual/Triple drugs therapy ^b	13/53/63/10

Data are presented as mean (standard deviation), or median (interquartile range), or number (proportion), unless otherwise stated. PH, pulmonary hypertension; NTproBNP, N-terminal pro-B type natriuretic peptide; WHO, World Health Organization; PAH, pulmonary arterial hypertension; ERA, endothelin receptor antagonist; PDE5, phosphodiesterase type 5.

^aNumber of nonmissing observations is provided if a variable has missing data. ^bData were presented as count (N).



Figure 1 Flowchart of the study patient selection. PTA, pulmonary Takayasu's arteritis; CTEPH, chronic thromboembolic pulmonary hypertension; RHC, right-heart catheterization; mPAP, mean pulmonary artery pressure.



Figure 2 Kaplan-Meier plot for survival rate in patients with pulmonary Takayasu's arteritisassociated pulmonary hypertension. The overall 1-year, 3-year, and 5-year survival rates were 94.0% (95% CI 90.0-98.4), 83.2% (95% CI 75.4-91.7), and 77.2% (95% CI 67.8-87.9),

respectively.



Graphical abstract

Supplementary material online

		Elevated (N=	Р-
Characteristics	Normal $(N = \delta I)$	57) ^a	value
Age at initial symptoms (years)	37.4 ± 15.0	35.0 ± 13.8	0.330
Age at diagnosis of PH (years)	40.8 ± 15.1	41.7 ± 14.0	0.726
Diagnosis delay (years)	3.0 (1.0-10.0)	2.0 (1.0-5.0)	0.132
Female sex	64 (77)	47 (85)	0.226
Hemoptysis	29 (35)	19 (35)	0.962
Syncope	9 (11)	5 (9)	0.739
Hypertension	27 (33)	10 (18)	0.062
History of tuberculosis infection	19 (23)	6 (11)	0.074
NT-proBNP (pg/mL)	630 (186-1820)	830 (170-2891)	0.272
WHO functional class III-IV	40 (48)	32 (58)	0.250
Six-minute walking distance (m)	376 ± 126	366 ± 142	0.705
Hemodynamics			
Mean right atrial pressure (mm Hg)	9 ± 6	8 ± 6	0.503
Mean pulmonary artery pressure (mm Hg)	54 ± 18	46 ± 13	0.004

 Table S1. Differences between patients with normal and elevated inflammatory markers.

Pulmonary artery wedge	11 ± 5	11 ± 6	0.957
pressure (mm Hg)			
Cardiac index (L/min per m ²)	2.7 ± 0.7	2.7 ± 0.8	0.998
Pulmonary vascular	11.6 ± 6.5	9.9 ± 6.3	0.135
Tesistance (wood 0)			
Arterial oxygen saturation	91 ± 7	93 ± 5	0.096
(%)			
Mixed venous oxygen	62 ± 12	63 ± 11	0.900
saturation (%)			
Stroke volume index (mL/m ²)	31 ± 10	31 ± 10	0.805
Pulmonary arterial compliance	0.90 ± 0.58	1.02 ± 0.76	0.296
(mL/mm Hg)		1.02 - 0.1.0	0.290

Data are presented as mean (standard deviation), or median (interquartile range), or number (proportion). PH, pulmonary hypertension; NT-proBNP, N-terminal pro-B type natriuretic peptide; WHO, World Health Organization.

^aElevated inflammatory markers were defined as any of elevated C-reactive protein or erythrocyte sedimentation rate. **Table S2.** Predictors of all-cause death in patients with pulmonary Takayasu's arteritis-associated pulmonary hypertension from multivariate Cox model based on the complete cases (N = 117): sensitivity analyses.

Variables	Multivariate analyses		
variables	HR (95% CI)	<i>P</i> -value	
Syncope	6.74 (2.06-22.12)	0.002	
NT-proBNP, per 100 pg/mL	1.04 (1.02-1.06)	< 0.001	
Mean right atrial pressure, mm Hg	1.06 (0.99-1.12)	0.096	

HR, hazard ratio; CI, confidence interval; NT-proBNP, N-terminal pro-B type natriuretic peptide.



Figure S1 Typical pulmonary angiographic images of pulmonary artery involvement in patients with pulmonary Takayasu's arteritis-associated pulmonary hypertension. (A) A total occluded lesion with tapered stump of right pulmonary artery (indicated by red triangle). (B) The diffuse stenotic lesion in right upper pulmonary artery (indicated by yellow arrows) and total occlusion of right lower-lobe and middle-lobe pulmonary artery (indicated by red triangle). (C) A bifurcation lesion of segmental pulmonary arteries (A10) in left lower-lobe (indicated by red triangle) and all other segmental pulmonary arteries were completely occluded. (D) A diffuse stenotic lesion of segmental pulmonary artery in right middle-lobe (A5) (indicated by yellow arrows) and totally occluded lesions in right middle-lobe (A4) and lower-lobe (A8) (indicated by red triangles).