

1 **Title**

2 Methylprednisolone as Adjunct to Endovascular Thrombectomy for Large Vessel Occlusion
3 Stroke: The MARVEL Randomized Clinical Trial

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134 **Key Points**

135 **Question** Among patients with large vessel occlusion acute ischemic stroke, does adjunctive
136 intravenous methylprednisolone to endovascular thrombectomy improve clinical outcomes?

137 **Findings** In this randomized clinical trial that included 1680 patients, intravenous
138 methylprednisolone, compared with placebo, as adjunct to endovascular thrombectomy
139 resulted in no significant difference in disability severity between groups as measured by the
140 overall distribution of the modified Rankin scale score at 90 days (adjusted generalized odds
141 ratio for a lower level of disability, 1.10).

142 **Meaning** Adjunctive methylprednisolone therapy to endovascular treatment for acute
143 ischemic stroke did not significantly improve the degree of overall disability.

144

145 **Abstract**

146 **Importance** Methylprednisolone is a pluripotent agent. It remains uncertain whether
147 intravenous methylprednisolone is effective to improve outcomes for patients with
148 large vessel occlusion (LVO) undergoing endovascular thrombectomy (EVT).

149 **Objective** To assess the efficacy and safety of adjunctive intravenous low-dose
150 methylprednisolone to endovascular thrombectomy for acute ischemic stroke
151 secondary to large vessel occlusion.

152 **Design, Setting, and Participants** This investigator-initiated, randomized, double-
153 blind, placebo-controlled trial was implemented at 82 hospitals in China, enrolling
154 1680 patients with stroke and proximal intracranial large vessel occlusion presenting
155 within 24 hours of time last known well. Recruitment took place between February 09,
156 2022, and June 30, 2023, with a final follow-up, on September 30, 2023.

157 **Interventions** Eligible patients were randomly assigned with intravenous
158 methylprednisolone (n = 839) at 2mg/kg/day or placebo (n = 841) for 3 days
159 adjunctive to EVT.

160 **Main Outcomes and Measures** The primary outcome was disability level at 90 days
161 as measured by the overall distribution of the modified Rankin scale scores from 0 (no
162 symptoms) to 6 (death). Adverse events included mortality at 90 days and the
163 incidence of symptomatic intracranial hemorrhage within 48 hours.

164 **Results** Among 1680 patients randomized (median age, 69 years; 727 (43.3%)
165 female), 1673 (99.6%) completed the trial. The median 90-day modified Rankin scale
166 score was 3 (interquartile range, 1-5) in the methylprednisolone group vs 3

167 (interquartile range, 1-6) in the placebo group. (adjusted generalized odds ratio for a
168 lower level of disability 1.10 [95% CI, 0.96 to 1.25])). In the methylprednisolone
169 group, there was a lower mortality (23.2% vs. 28.5%, adjusted risk ratio 0.84 [95% CI,
170 0.71 to 0.98], P = 0.03) and a lower rate of sICH (8.6% vs. 11.7%, adjusted risk ratio
171 0.74 [95% CI 0.55 to 0.99], P = 0.04), compared with placebo.

172 ***Conclusions and Relevance*** Among LVO patients with acute ischemic stroke
173 undergoing EVT, adjunctive methylprednisolone to EVT did not significantly improve
174 the degree of overall disability.

175 ***Trial Registration*** chictr.org.cn, ChiCTR2100051729

176

177

178 **Introduction**

179 Adjunctive treatment is needed to complement acute stroke reperfusion therapies
180 which remain unsatisfactory. Over the past decades, preclinical models have revealed
181 potential benefits of corticosteroids in stroke treatment, including the reduction of
182 infarct area, regulation of cerebral flow, improvement of the no-reflow phenomenon,
183 stabilization of the blood-brain barrier, prevention of angiogenic edema, inhibit
184 oxygen free radical-induced lipid peroxidation, and modulation of the immune
185 response¹⁻⁹, yet none have been validated by clinical trials. Most of the prior trials
186 investigating corticosteroids were conducted before the advent of mechanical
187 thrombectomy as a viable treatment option, suggesting that many patients may have
188 failed to reperfuse.¹⁰⁻¹³ Consequently, corticosteroids were examined under the more
189 challenging conditions of permanent, as opposed to transient, brain ischemia.¹⁴ The
190 presence or lack of reperfusion has been identified as a critical determinant of
191 corticosteroid effectiveness in animal models.⁹ In addition, many of the prior trials
192 comprised of patients who did not undergo brain imaging so only had "presumed
193 ischemic stroke" and the sample sizes were limited. In a 2011 Cochrane review, of 24
194 published stroke trials involving corticosteroids, only 8 were deemed acceptable for
195 meta-analysis synthesis, encompassing a total of 466 patients. Moreover, these studies
196 used high doses and long duration of corticosteroids which may have led to more side
197 effects.¹⁵

198 In this study, we sought to determine whether the administration of intravenous
199 low-dose methylprednisolone in patients with acute ischaemic stroke due to LVO is a

200 safe and effective treatment, in the setting of rapid reperfusion now attainable by
201 endovascular treatment.

202

203 **Methods**

204 *Trial Design and Oversight*

205 The Methylprednisolone as Adjunctive to Endovascular Treatment for Acute Large
206 Vessel Occlusion (MARVEL) trial was an investigator-initiated, multicenter,
207 prospective, randomized, double-blind, placebo-controlled clinical trial. The trial was
208 performed at 82 comprehensive stroke centers in China. It was approved both by the
209 central medical ethics committee and the research board at each site. Signed informed
210 consent was obtained from the patient or their legally authorized representative before
211 enrollment. The study protocol has been published and is available in Supplement 1,
212 and the statistical analysis plan is available in Supplement 2.¹⁶

213 The trial was designed and conducted by a steering committee composed of
214 independent academic investigators and was monitored by an independent data and
215 safety monitoring board. All data analyses and end-point adjudication were performed
216 by an independent clinical events committee. The trial was conducted according to the
217 Declaration of Helsinki Harmonization Guidelines. All authors vouch for the fidelity
218 of the trial to the protocol.

219

220 *Participants*

221 Eligible patients were adults aged 18 years or older with a disabling ischemic stroke at
222 the time of randomization (baseline National Institutes of Health Stroke Scale (NIHSS)
223 ≥ 6 (range 0 to 42, with higher scores indicating greater stroke severity), who had
224 been able to complete usual activities in daily life without support before the stroke,
225 modified Rankin Scale (mRS) < 2 , range 0 [no symptoms] to 6 [death] for the
226 evaluation of neurological functional disability), and were enrolled up to 24h from the
227 time the patient was last known well. Computed tomographic (CT) angiography,
228 magnetic resonance angiography, or digital subtraction angiography were performed
229 to identify patients with an occlusion of the intracranial internal carotid artery or the
230 first or second segment of the middle cerebral artery. The trial included patients with
231 small-to-large ischemic core (defined as an Alberta Stroke Program Early CT Score¹⁷
232 [ASPECTS] of 3–10; range 0–10, with 1 point subtracted for early ischemic change in
233 each defined region on the non-contrast CT scan). Detailed inclusion and exclusion
234 criteria are provided in the Supplement 3.

235

236 ***Randomization and Masking***

237 Patients were randomly assigned in 1:1 ratio to receive methylprednisolone or a
238 placebo infusion. We randomly assigned patients using a web-based mobile phone
239 app or computer. Randomization was stratified according to participating center with
240 a permutation block size of 4. Patients were assigned a random serial number
241 according to the time they were enrolled, and corresponding masked and numbered
242 medications were provided. Methylprednisolone and placebo were prepared as white

243 lyophilized powder in numbered vials. These vials were visually identical, except for
244 a unique vial number. All trial personnel and patients were unaware of the treatment
245 assignment.

246

247 *Interventions*

248 Patients received either intravenous methylprednisolone or placebo at a dose of
249 2mg/kg, per day (up to a maximum dose of 160 mg), once daily for 3 days. The study
250 drug was administered as soon as possible after randomization, ideally before arterial
251 access closure but not to be delayed for more than 2 hours after arterial access closure
252 for endovascular treatment. After qualifying imaging, all patients underwent rapid
253 EVT using available devices. Pre-treatment intravenous thrombolysis was allowed.
254 Methylprednisolone and placebo were provided by Chongqing Lummy
255 Pharmaceutical Co., Ltd. The commercial entity had no role in the trial design, data
256 collection, analysis, or preparation of the manuscript. Sites were expected to adhere to
257 stroke national practice guidelines for concomitant medical therapy.¹⁸

258

259 *Outcomes*

260 The primary efficacy outcome was the distribution of the modified Rankin Scale
261 (mRS, shift analysis) at 90 days after randomization. The score assessment was based
262 on central evaluation by means of video or audio by evaluators who were unaware of
263 the treatment assignment. If video or audio recordings were unavailable, outcomes

264 were determined in-person by local investigators, who were also unaware of the
265 treatment assignment.

266 The secondary efficacy outcomes included the NIHSS score at 5 to 7 days or at
267 early discharge (range, 0 to 42, with higher scores indicating greater stroke severity),
268 health-related quality of life measured with the European Quality Five-Dimension
269 visual-analogue scale (range, 0 to 100, with higher scores indicating better quality of
270 life, and the known MCID for health-related quality of life on a 0-100 scale is 3¹⁹) at
271 90 days, and the following prespecified dichotomizations of the modified Rankin
272 score: 0 to 4 versus 5 to 6, 0 to 3 versus 4 to 6, 0 to 2 versus 3 to 6, and 0 or 1 (or
273 return to pre-morbid mRS score) versus 2 to 6 at 90 days.

274 The primary safety prespecified outcomes were death from any cause within 90
275 days and symptomatic intracranial hemorrhage, as assessed according to the modified
276 Heidelberg bleeding classification within 48 hours after EVT.²⁰ Other prespecified
277 safety measures included any intracranial hemorrhage within 48 hours after EVT,
278 adverse events including gastrointestinal bleeding within 7 days after EVT and
279 pneumonia. Other adverse events including new-onset diabetes, hyperosmolar
280 hyperglycemic state, and insulin use in hospital stay were recorded.

281

282 *Sample Size Calculation*

283 The sample-size calculation was based on previous studies^{21,22} with an expected
284 cumulative proportion of patients with mRS score 0-2 (43.0% in the placebo group
285 and 50.0% in the methylprednisolone group, indicating an odds ratio of 1.33). We

286 expected that a 7% absolute risk difference between the two groups would be
287 appropriate to power the study as it exceeds the reported minimally clinically
288 important difference for a novel stroke treatment, which ranges between 1.1% to
289 1.5%.²³ We calculated that 794 patients per group would be required to have a power
290 of 80% to show the expected treatment effect with a two-sided alpha of 0.05.
291 Considering an approximate 5% non-adherence or dropout rate, we intended to enroll
292 1672 patients.

293

294 *Statistical Analysis*

295 The primary analysis of the primary outcome was based on the as randomized, full
296 analysis set population which included patients according to their randomization
297 assignment, with a valid assessment of mRS at day 90. The primary analyses for all
298 outcomes were based on adjusted analyses for 7 prespecified covariates: age, baseline
299 NIHSS score, pre-stroke modified Rankin Scale score, baseline ASPECTS, use of
300 intravenous thrombolysis, time from onset to randomization, and occlusion location.
301 Per-protocol analyses for the primary and secondary outcomes included patients who
302 received the complete intervention as specified in the protocol. Analyses of adverse
303 events were based on the safety population, which consisted of all randomized
304 participants who received at least 1 dose of the study drug. We also performed some
305 sensitivity analyses of the primary outcome including a per-protocol analysis,
306 imputation of missing primary outcome under best-case, worst-case, and best-worst

307 case scenarios, and using multiple imputation, and a random effect model to control
308 for possible center effect.

309 The treatment effect for the primary outcome was measured by generalized odds
310 ratio (GenOR) with 95% confidence intervals (CI).²⁴ The generalized odds ratio was
311 one the primary statistical method for the primary outcome in the initial statistical
312 analysis plan if the proportional odds assumption not met, and was the final primary
313 analysis of primary outcome in the final statistical analysis plan. Both unadjusted
314 GenOR and adjusted GenOR for prespecified covariates using the inverse probability
315 of treatment weighting (IPTW) method were calculated.²⁵ Secondary binary outcomes
316 were analyzed by modified Poisson regression model with robust error estimation,
317 from which unadjusted risk ratio (RR) and adjusted RR with their 95% CIs using
318 IPTW were derived. The treatment effects for the non-normal continuous outcomes
319 were measured using unadjusted and adjusted win ratios.²⁵ Efficacy outcomes were
320 assessed in the as randomized, full analysis set population and repeated in the per-
321 protocol set population. Safety outcomes were assessed in the safety population using
322 modified Poisson regression model and survival analysis methods. Testing for
323 modification of the treatment effect on the primary efficacy and safety outcomes were
324 conducted in ten subgroups: age, sex, NIHSS, prestroke mRS, ASPECTS, intravenous
325 thrombolysis, time to randomization, occlusion location, reperfusion at EVT, and
326 treatment during or outside the peak COVID period. Consistent with regulatory and
327 other guidance to reduce the effect of the COVID-19 pandemic on trial results, a
328 prespecified subgroup analysis was performed. The “control period” included patients

329 with valid 90-day follow up prior to January 8th, 2023, when the Chinese government
330 downgraded the control of COVID-19 from grade A control (the same level of control
331 as with the plague and cholera) to grade B control.

332 Formal interaction tests were not performed as there is no reliable technique for
333 calculating the modification effect when generalized odds ratios are analyzed. For the
334 primary and secondary outcomes, a 2-sided *P* value of less than .05 was considered
335 statistically significant. Because of the potential for type I error due to multiple
336 comparisons, findings from analyses of secondary outcomes and subgroups should be
337 interpreted as exploratory. SAS version 9.4 (SAS Institute), and R version 4.3.0 (R
338 Development Core Team; <http://www.r-project.org>) were used for the statistical
339 analyses.

340

341 **Results**

342 *Characteristics of the Patients*

343 Between February 09, 2022, and June 30, 2023, 1687 patients underwent
344 randomization (839 to the methylprednisolone group and 841 to the placebo group) at
345 82 centers in China. Seven patients, whose representatives withdrew consent
346 immediately after randomization, could not be included in the as randomized full
347 analysis set (**Figure 1 and eFigure1 and eFigure2 in Supplement 3**). Demographic
348 and clinical characteristics were well balanced in the two study groups (**Table 1,**
349 **eTable1 in Supplement 3**). The median age was 68 (interquartile range, 59 to 75) in
350 the methylprednisolone group and 69 (59 to 77) in the placebo group. There was 359

351 of 839 (42.8%) females in the methylprednisolone group and 368 of 841 (43.8%)
352 females in the placebo group. The median baseline NIHSS score was 19.0
353 (interquartile range, 16.0 to 21.0) in both groups; the median ASPECTS was 6.0 in
354 both groups; the median time from stroke onset to randomization was 354 minutes
355 (interquartile range, 237 to 614) in the methylprednisolone group and 366 minutes
356 (interquartile range, 239 to 590) in the placebo group.

357

358 *Primary outcome*

359 In the primary analysis, the median 90-day modified Rankin scale score was 3
360 (interquartile range, 1-5) in the methylprednisolone group vs 3 (interquartile range, 1-
361 6) in the placebo group. There was no significant difference in the distribution of 90-
362 day mRS disability outcomes on the global mRS between the methylprednisolone
363 group and the placebo group, yielding an unadjusted GenOR 1.12 (95%CI, 0.98 to
364 1.28; P = 0.09), and an adjusted GenOR 1.10 (95%CI, 0.96 to 1.25; P = 0.17). (**Table**
365 **2 and Figure 2**). The sensitivity and per-protocol analyses yielded similar results
366 (**eTable 2, eTable 3, eTable 4 and eFigure 3 in the Supplement 3**). A mRS score of
367 0-4 at 90 days occurred in 597 of 835 patients (71.5%) in the methylprednisolone
368 group and in 555 of 838 patients (66.2%) in the placebo group, and had a significant
369 difference in both unadjusted and adjusted analysis, yielding an unadjusted RR of
370 1.08 (95%CI, 1.01 to 1.15; P = 0.02) and an adjusted RR of 1.07 (95%, 1.00 to 1.14; P
371 = 0.04). There was no significant difference in other prespecified secondary efficacy
372 end points between the two groups. There were 496 of 835 (59.4%) patients who

373 achieved mRS 0-3 in the methylprednisolone group, compared with 459 of 838
374 (54.8%) patients in the placebo group (adjusted RR, 1.07 [95%CI, 0.98 to 1.16], p =
375 0.11, and adjusted RD, 0.04 [95%CI, 0.01 to 0.07], p = 0.02). The EQ-5D-VAS score
376 was numerically but not significantly higher in the methylprednisolone group than the
377 placebo group (adjusted win ratio 1.11 [95%CI, 0.98 to 1.25], p = 0.11).(**Table 2, and**
378 **eTable2 in the Supplement 3**).

379

380 *Adverse Events*

381 As compared to placebo, methylprednisolone was associated with a significantly
382 lower 90-day mortality (23.2% vs. 28.5%), yielding an unadjusted RR of 0.81 (0.69 to
383 0.94; P = 0.01) and an adjusted RR, 0.84 (95% CI, 0.71 to 0.98; P=0.03) (**Table 2,**
384 **and eFigure 4 and eFigure 5 in Supplement 3**). Methylprednisolone was associated
385 with a significantly lower rate of symptomatic intracranial hemorrhage at 48 hours
386 (8.6% vs. 11.7%; unadjusted RR 0.74 [95%CI, 0.55 to 0.99], P = 0.04; adjusted RR,
387 0.74 [95% CI, 0.55 to 0.99] P=0.04), compared with placebo. Pneumonia occurred in
388 390 of 839 (46.5%) patients in the methylprednisolone and 466 of 841(55.4%)
389 patients in the placebo group (adjusted RR, 0.85 [95%CI 0.77 to 0.93]). The
390 proportion of gastrointestinal bleeding within 7 days after EVT was 33 of 839 patients
391 in the methylprednisolone group and 50 of 841 patients in the placebo group (adjusted
392 RR 1.03, 95%CI [0.91 to 1.16], P = 0.06). Insulin treatment in patients was
393 administered to 165 of 839 patients (19.7%) in the methylprednisolone group and 110
394 of 841 (13.11%) in the placebo group (P = 0.0003). The incidence of new diabetes

395 occurred in 40 of 839 patients in the methylprednisolone group and 24 of 841 patients
396 in the placebo group. (P = 0.04)
397 **(Table 2, eTable 5 and eTable 6 in Supplement 3).**

398

399 *Subgroup and sensitivity analyses of primary endpoint*

400 In the period when COVID-19 was under strict control and no patients caught
401 COVID-19, the adjusted generalized odds ratio for a lower level of disability with
402 methylprednisolone vs placebo was 1.25 (1.04 to 1.50). The genOR was 0.95 (0.79 to
403 1.15) for the period when the Chinese government downgraded the control of
404 COVID-19. **(Figure 3, eFigures 5, 6 in Supplement 3).**

405

406 **Discussion**

407 The results of this trial did not support the primary hypothesis that the administration
408 of methylprednisolone 2 mg/kg intravenously as adjunct to EVT in LVO within 24
409 hours of stroke onset would reduce the overall level of disability at 90 days. However,
410 methylprednisolone treatment was associated with significantly lower rates of
411 symptomatic intracranial hemorrhage within 48 hours and mortality at 90 days as well
412 as a higher proportion of patients who were alive and not bedridden (mRS 0-4) at 90
413 days.

414 In contrast to previous trials, our trial provides new insights on the role of
415 corticosteroids in stroke therapy. Use of conventional or large doses of
416 methylprednisolone are currently recommended to be avoided by the current

417 AHA/ASA guidelines (CLASS III harm), because of a lack of efficacy and the
418 potential to increase the risk of infectious complications.²⁶ In this study, low-dose
419 methylprednisolone was associated with lower mortality, lower rate of symptomatic
420 intracranial hemorrhage and less pneumonia. Our study is one of the first to provide
421 evidence for the potential role of protective strategies in the setting of endovascular
422 stroke reperfusion.

423 There are several potential explanations for the neutral result of the primary
424 outcome with respect to methylprednisolone. First, even though this was one of the
425 largest EVT trials performed to date, our sample size was inadequate to capture a
426 smaller but still clinically relevant treatment effect. We modeled our study under a
427 general expectation of a 7% improvement in the rate of mRS 0-2 at 90 days, yet there
428 is expert-derived consensus that the minimal clinically important difference for a safe
429 new acute ischemic stroke treatment may be as low as 1.1% to 1.5%.²³ Second, as our
430 study included a broad range of patients with LVO and small to moderate ischemic
431 core who underwent EVT, the trial population may have encompassed individuals
432 with minimal blood brain barrier disruption who potentially do not respond to
433 corticosteroid treatment.

434 The secondary outcome findings suggest that corticosteroid therapy has the
435 potential effect of increasing the proportion of patients with outcome of not requiring
436 constant nursing care. The finding may in part reflect the ability of
437 methylprednisolone to lessen blood-brain barrier disruption and vasogenic brain
438 edema^{27,28}, which is related to fatal brain herniation.^{27,28} However, corticosteroids

439 have less effect on cytotoxic edema due to cellular energetic failure so combination
440 therapy with agents targeting cytotoxic edema merits investigation. The findings of
441 reduced symptomatic intracranial hemorrhage support stabilization of the blood brain
442 barrier as a potential beneficial effect of methylprednisolone. Moreover, the trial's
443 finding of the short-term effect of corticosteroids on decreased incidence of
444 pneumonia and lower incidence of circulation failure is also worth exploring. A
445 similar effect of low-dose corticosteroids has been observed in the prevention of
446 hospital-acquired pneumonia in patients with traumatic brain injury and patients with
447 severe community-acquired pneumonia.^{29,30}

448 Strengths of this trial include assessing a drug that is relatively inexpensive and
449 readily available worldwide. Additionally, the high rates of reperfusion achieved with
450 EVT provided a human ischemia-reperfusion model to test corticosteroid agents.

451

452 **Limitation**

453 This trial had several limitations. First, the COVID-19 pandemic may have had an
454 influence on trial results. In the prespecified COVID-19 subgroup analysis, a
455 favorable shift in the distribution of scores on the modified Rankin scale toward better
456 outcomes was noted during the period when COVID was under strict control. Second,
457 we did not correct for multiple testing of secondary and safety end points, such as
458 mortality and sICH. Therefore, for these end points, differences and P values should
459 be interpreted with caution. Third, the rate of intravenous thrombolysis was slightly

460 higher in the placebo group than in the methylprednisolone group, but the results
461 remained robust in the adjusted analysis.

462 **Conclusion**

463 In conclusion, among LVO patients with acute ischemic stroke undergoing EVT,
464 adjunctive methylprednisolone to EVT did not significantly improve the degree of
465 overall disability.

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577 See Supplement 4.

578

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661 **Figure Legends**

662 **Figure 1. Flow of Patients in a Study of the Effect of Intravenous**
663 **Methylprednisolone vs Placebo as Adjunct to Endovascular Thrombectomy**

664 ASPECTS indicates Alberta Stroke Program Early CT Score, NIHSS indicates
665 National Institutes of Health Stroke Scale, ICA denotes intracranial carotid artery, M1
666 the first segment of middle cerebral artery, M2 the second segment of the middle
667 cerebral artery.

668 ^a ASPECTS indicates Alberta Stroke Program Early CT Score ranging 0–10, with 1
669 point subtracted for early ischemic change in each defined region on the non-contrast
670 CT scan.

671 ^b Randomization was stratified by participating center.

672

673

674 **Figure 2. Distribution of Global Disability at 90 Days Based on the Modified**
675 **Rankin Scale Score.**

676 Shown are the distribution of the modified Rankin scale score among patients in the
677 methylprednisolone group and the placebo group. Scores range from 0 to 6, with 0
678 indicating no symptoms, 1, no clinically significant disability, 2, slight disability, 3,
679 moderate disability, 4, moderately severe disability, 5, severe disability, and 6, death.

680 Numbers indicate rounded proportions. Data of 7 patients who withdrew consent were
681 not included in the chart. Data of 4 patients in the methylprednisolone group and 3
682 patients in the placebo group with missing data are not included in the chart.

683 The sum was not 100 because of rounding. Treatment with methylprednisolone was
684 associated with an adjusted generalized odds ratio of 1.10 (95% CI, 0.96 to 1.25; P
685 = .17) for the distribution of the modified Rankin Scale at 90 days.

686

687 **Figure 3. Heterogeneity of Treatment Effect for Less Disability Among**
688 **Prespecified Subgroups.**

689 The figure shows subgroup analysis based on the adjusted generalized odds ratio,
690 indicating the odds that the trial patients assigned to the methylprednisolone group
691 would have better functional recovery at 90 days than patients assigned to receive
692 placebo. NIHSS denotes the National Institutes of Health Stroke Scale, mRS modified
693 Rankin Scale, ASPECTS Alberta Stroke Program Early Computed Tomography
694 Scores, ICA intracranial carotid artery, M1 the first segment of middle cerebral artery,
695 M2 the second segment of the middle cerebral artery. The widths of the confidence
696 intervals were not adjusted for multiple comparisons, and the reported confidence
697 intervals should not be used for hypothesis testing. The age, NIHSS score, and time
698 from stroke onset to randomization were divided at median of the whole population as
699 prespecified in the statistical analysis plan. The sizes of the boxes in the plot
700 correspond to the number of patients in each subgroup. The arrow indicates that the
701 95% confidence interval was beyond the scale. The prespecified subgroup analysis by
702 status of hemorrhage was not represented here because they are post-randomized
703 characteristics.

704 ^a Scores on the NIHSS range from 0 to 42, with higher scores indicating worse
705 neurologic deficits.

706 ^b ASPECTS range from 0 to 10, with lower values indicating larger infarction, data
707 were not available for 6 patients. Data for reperfusion was not available for 2 patients.

708 ^c Scores on the mRS of functional disability range from 0 (no symptoms) to 6 (death).

709 ^d The Strict COVID control period (Before 08/01/2023) subgroup in the COVID-19
710 category included all patients who completed their primary outcome assessment
711 around January 8th, 2023 - which marks the beginning of the downgrade in COVID-
712 19 management measures. In the strict COVID control period, no patients had
713 COVID-19 infection. The peak COVID peak period (After 08/01/2023) included
714 patients who completed the primary outcome assessment after January 8th, 2023.

715

716 **Table 1. Demographic and Clinical Characteristics of the Patients at Baseline.**

Characteristics	Methylprednisolone (N=839)	Placebo (N=841)
Age, median, (IQR), y	68.0 (59.0–75.0)	69.0 (59.0, 77.0)
Female sex, No./total (%)	359 (42.8)	368 (43.8)
Male sex, No./total (%)	480 (57.2)	473 (56.2)
Medical history, No./total (%) ^b		
Hypertension	504 (60.1)	523 (62.2)
Atrial fibrillation	348 (41.5)	353 (42.0)
Hyperlipidemia	267 (31.8)	245 (29.1)
Diabetes mellitus	170 (20.3)	152 (18.1)
Coronary heart disease	147 (17.5)	169 (20.1)
Cerebral ischemia	136 (16.2)	117 (13.9)
Valvular heart disease	114 (13.6)	115 (13.7)
Intracranial hemorrhage	12 (1.4)	10 (1.2)
Transient ischemic attack	6 (0.7)	4 (0.5)
Current Smoke Tobacco	236 (28.1)	241 (28.7)
Pre-stroke Modified Rankin Scale score, No./total (%) ^c		
0	803 (95.7)	817 (97.1)
1	28 (3.3)	14 (1.7)
2	6 (0.7)	8 (1.0)
3	1 (0.1)	1 (0.1)
4	1 (0.1)	1 (0.1)
Glucose level at hospital arrival median (IQR), mmol/liter ^d	7.2 (6.2, 8.9) [N = 736]	7.0 (6.0, 8.6) [N = 736]
Baseline NIHSS score, median, (IQR) ^e	19.0(16.0, 21.0)	19.0(16.0, 21.0)
Baseline ASPECTS, median, (IQR) ^f	6.0 (4.0, 7.0)	6.0 (4.0, 7.0)
TOAST etiology, No./total (%) ^g		
Large artery atherosclerosis	302/838 (36.0)	334/841 (39.7)
Cardioembolic	422/838 (50.4)	393/841 (46.7)
Others	32/838 (3.8)	41/841 (4.9)
Unknown	82/838 (9.8)	73/841 (8.7)
Occlusion site on CT or MR angiography, No./total (%) ^h		
Intracranial internal carotid artery	286 (34.1)	293 (34.8)
M1 middle cerebral artery segment	452 (53.9)	426 (50.7)
M2 middle cerebral artery segment	99 (11.8)	122 (14.5)
Other	2 (0.2)	0 (0.0)
IV thrombolysis, No./total (%)	295 (35.2)	333 (39.6)
Time from last known well, median (IQR), min		
To puncture	346 (232 ,610)	360 (237, 590)
To randomization	354 (237 ,614)	366 (239, 590)
To recanalization ^f	431 (313 ,693)	445 (311, 691) [N = 840]
Time from randomization to initial treatment, median (IQR), min ^g	8.0 (6.0, 14.0)	8.0 (6.0, 13.0) [N = 839]
Systolic blood pressure at hospital arrival, median (IQR), mm Hg	142.0 (126.0,160.0)	145.0 (127.0, 160.0)

Characteristics	Methylprednisolone (N=839)	Placebo (N=841)
Diastolic blood pressure at hospital arrival, median (IQR), mm Hg	83.0 (74.0, 92.0)	84.0 (75.0, 94.0)

717 Abbreviation: IQR denotes interquartile range, IV intravenous.

718 ^a Ethnicity group reported by the patient and verified by identification card.

719 ^b Comorbidities based on family or patient report.

720 ^c Scores on the mRS of functional disability range from 0 (no symptoms) to 6 (death).

721 ^d SI conversion factor: To convert glucose values to mmol/L, multiply by 18.15

722 ^e Scores on the National Institutes of Health Stroke Scale (NIHSS) range from 0 to 42, with higher
723 scores indicating more severe neurological deficit.

724 ^f The Alberta Stroke Program Early Computed Tomography Score (ASPECTS) is an imaging
725 measure of the extent of ischemic stroke. Scores range from 0 to 10, with higher scores indicating
726 a smaller infarct core. Listed are values for the core laboratory assessment. Data were missing for
727 3 patients in the Methylprednisolone group and 3 patients in the Placebo group.

728 ^g The TOAST (Trial of Org 10172 in Acute Stroke Treatment) classification system is a widely
729 used method for classifying ischemic stroke and transient ischemic attack (TIA). It divides
730 ischemic stroke and TIA into five subtypes based on their likely causes: Large-artery
731 atherosclerosis (LAA), Cardioembolism (CE), Small-artery occlusion (SAO), Other determined
732 etiology (Other), Undetermined etiology (Unknown). Data were missing for 1 patient in the
733 Methylprednisolone group.

734 ^h 1 patient in the Methylprednisolone group had a basilar artery occlusion.

735

Table 2. Efficacy and Safety Outcomes in a Study of the Effect of Intravenous Methylprednisolone vs Placebo Before Endovascular Thrombectomy.

Outcome	Methylprednisolone (N=839)	Placebo (N=841)	Treatment Effect	Unadjusted Value (95% CI)	P	Adjusted Value ^a (95% CI)	p
Primary efficacy outcome							
mRS score at 90 days — Win proportion (%) ^b	307623/699730 (44.0)	274681/699730 (39.3)	GenOR ^c	1.12(0.98 to 1.28)	0.09	1.10 (0.96 to 1.25)	0.17
mRS score at 90 days — Median (IQR)	3 (1 to 5)	3 (1 to 6)					
Secondary efficacy outcomes							
mRS score of 0 to 4 at 90 days — no./total no. (%)	597/835 (71.5)	555/838 (66.2)	Risk ratio	1.08 (1.01 to 1.15)	0.02	1.07 (1.00 to 1.14)	0.04
			Risk difference	0.05 (0.01 to 0.1)	0.02	0.05 (0.01 to 0.08)	0.004
mRS score of 0 to 3 at 90 days — no./total no. (%)	496/835 (59.4)	459/838 (54.8)	Risk ratio	1.08 (1 to 1.18)	0.056	1.07 (0.98 to 1.16)	0.11
			Risk difference	0.05 (0 to 0.09)	0.056	0.04 (0.01 to 0.07)	0.02
mRS score of 0 to 2 at 90 days — no./total no. (%)	368/835 (44.1)	343/838 (40.9)	Risk ratio	1.08 (0.96 to 1.20)	0.19	1.07 (0.95 to 1.19)	0.26
			Risk difference	0.03 (-0.02 to 0.08)	0.19	0.03 (-0.01 to 0.06)	0.11
mRS score of 0 to 1 at 90 days — no./total no. (%)	223/835 (26.7)	222/838 (26.5)	Risk ratio	1.01 (0.86 to 1.18)	0.92	0.99 (0.84 to 1.16)	0.89
			Risk difference	0 (-0.04 to 0.04)	0.92	0 (-0.03 to 0.03)	0.85
NIHSS score at 5-7 days or earlier if discharge (IQR) ^d	11.0 (4.0 to 23.0)	12.0 (4.0 to 28.0)	Win Ratio	1.08 (0.96 to 1.21)	0.20	1.07 (0.95 to 1.20)	0.25
EQ-5D-VAS score at 90 days (IQR) ^e	55.0 (5.0 to 80.0)	50.0 (0.0 to 80.0)	Win Ratio	1.13 (1.00 to 1.28)	0.051	1.11 (0.98 to 1.25)	0.11
Primary safety outcomes							
Mortality ^f	194/835 (23.2)	239/838 (28.5)	Risk ratio	0.81 (0.69 to 0.94)	0.01	0.84 (0.71 to 0.98)	0.03
Symptomatic intracranial hemorrhage ^g	71/823 (8.6)	97/830 (11.7)	Risk ratio	0.74 (0.55 to 0.99)	0.04	0.74 (0.55 to 0.99)	0.04
Secondary safety outcomes							

Any radiologic intracranial hemorrhage	314/823 (38.2)	308/830 (37.1)	Risk ratio	1.03 (0.91 to 1.16)	0.66	1.03 (0.91 to 1.16)	0.71
Pneumonia	390 (46.5)	466 (55.4)	Risk ratio	0.84 (0.76 to 0.92)	<.001	0.85 (0.77 to 0.93)	<.001
Gastrointestinal bleeding within 7 days after EVT	33 (3.9)	50 (6.0)	Risk ratio	0.66 (0.43 to 1.02)	0.06	0.66 (0.43 to 1.02)	0.06

Abbreviation: mRS denotes modified Rankin scale, IQR interquartile range, NIHSS National Institutes of Health Stroke Scale, and EQ-5D-VAS EuroQol-5 VAS score. The widths of the confidence intervals for the secondary outcomes were not adjusted for multiple comparisons.

^a Adjusted values were adjusted for age, baseline NIHSS score, pre-stroke modified Rankin Scale score, baseline ASPECTS score, use of intravenous thrombolysis, time from onset to randomization, and occlusion location using the inverse probability of treatment weighting method.

^b The modified Rankin Scale of functional disability ranges from 0 (no symptoms) to 6 (death). The Win proportion was calculated by the number of wins in the Methylprednisolone group over Placebo group in mRS among all possible pairs of mRS taking one patient from the Methylprednisolone group and one patient from the Placebo group divided by the total number of pairs. Data was missing for 4 patients in the Methylprednisolone group and 3 patients in the Placebo group.

^c The GenOR indicated the probability of modified Rankin Scale score was lower than the other group. Generalized Odds Ratio, common odds ratio, risk ratio, and risk difference were adjusted for age, baseline NIHSS score, pre-stroke mRS, baseline ASPECTS score, use of intravenous thrombolysis, time from onset to randomization, and occlusion location using the inverse probability treatment weighting method and were not adjusted for multiple comparisons.

^d Scores on the NIHSS range from 0 to 42, with higher values reflecting more severe neurologic impairment.

^e The EuroQoL Group 5-Dimension Self-Report Questionnaire visual-analogue scale(EQ-5D-VAS) is a continuous scale measure of self-reported quality of life. Scores range from 0 to 100, with 0 indicating the worst possible quality of life and 100 the best possible quality of life. Data was missing for 4 patients in the Methylprednisolone group and 3 patients in the Placebo group.

^f The mortality was analyzed in 835 patients in the Methylprednisolone group and 838 in the placebo group because of loss to follow-up.

^g Symptomatic intracranial hemorrhage was defined according to the Heidelberg bleeding classification (an increase in the NIHSS score of ≥ 4 points or an increase in the score for an NIHSS subcategory of ≥ 2 points with any intracranial hemorrhage on imaging). Data were not available for 16 in the methylprednisolone group and 11 in the placebo group.