**Figure 1: Consort flow diagram of the feasibility trial**

**Enrolment**

No. of clusters assessed for eligibility n= 24

Excluded clusters n= 4

LHWs not fully inducted n= 2

LHWs not able to take part due to personal reasons n= 2

Randomized n= 20

**Allocation**

Analysis done n= 58

7th week post assessment n= 58 (97%)

Lost to follow up n= 2 (3%)

Clusters allocated to control n= 10

Average cluster size n=6

Participants approached n= 68

Refused before screening n= 8

Participants screened n= 60

Participants enrolled for the trial n= 60

**Analysis**

Analysis done n= 54

**Follow up**

7th week post assessment n= 54 (92%)

Refused n= 2 (3%)

Lost to follow up n=3 (5%)

Clusters allocated to intervention n= 10

Average cluster size n=6

Participants approached n= 66

Refused before screening n= 6

Participants screened n= 60

Participants negatively screened n= 1

Participants enrolled for the trial n= 59

Participants attended 4-5 sessions= 50/59 (85%)

Participants attended 2-3 sessions= 7/59 (12%)

Participants attended $\leq $1 session= 2/59 (3%)