

Developing a real-time PCR assay based on multiplex high-resolution melt curve analysis: A pilot study in detection and discrimination of soil-transmitted helminth and schistosome species

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1 Developing a real-time PCR assay based on multiplex high-resolution melt curve analysis: A pilot
2 study in detection and discrimination of soil-transmitted helminth and schistosome species

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For Peer Review

29 **SUMMARY**

30 With the push towards control and elimination of soil-transmitted helminthiasis and schistosomiasis
31 in low and middle-income countries, there is a need to develop alternative diagnostic assays that
32 complement the current in-country resources, preferably at a lower cost. Here, we describe a novel
33 high-resolution melt-curve assay with six PCR primer pairs, designed to sub-regions of the nuclear
34 ribosomal locus. Used within a single reaction and dye detection channel, they are able to
35 discriminate *Ancylostoma duodenale*, *Necator americanus*, *Strongyloides stercoralis*, *Ascaris*
36 *lumbricoides*, *Trichuris trichiuria* and *Schistosoma* spp. by high-resolution melt (HRM) curve analysis.
37 Here we describe the primers and the results of a pilot assessment whereby the HRM assay was
38 tested against a selection of archived faecal samples from Ghanaian children as characterised by
39 Kato-Katz and real-time PCR analysis with species-specific TaqMan hydrolysis probes. The resulting
40 sensitivity and specificity of the HRM was 80% and 98.6% respectively. We judge the assay to be
41 appropriate in modestly equipped and resourced laboratories. This method provides a potentially
42 cheaper alternative to the TaqMan method for laboratories in lower resource settings. However, the
43 assay requires a more extensive assessment as the samples used were not representative of all
44 target organisms.

45

46 **Keywords:** schistosomiasis, soil-transmitted helminthiasis, disease surveillance, monitoring and
47 evaluation, real-time PCR, melt curve analysis, SCH, STH, HRM, DNA

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50 INTRODUCTION

51 Soil-transmitted helminthiasis (STH) and schistosomiasis (SCH) are grouped within the neglected
52 tropical diseases (NTDs); each disease can cause chronic suffering, and in many low and middle-
53 income countries is often linked to poverty (Hotez *et al.*, 2006). With the announcement of the
54 London Declaration on NTDs and most recently the sustainable development goals, international
55 attention directed at control of these diseases has grown (WHO, 2018). Control of STH and SCH is
56 based upon preventive chemotherapy, typically by mass drug administration (MDA) campaigns,
57 offering donated anthelmintic medicines to children attending school (Weatherhead *et al.*, 2017).

58 Although STH and SCH infections can be found in the majority of community members,
59 disease control programmes usually examine school age children as an indicator for the wider
60 community to determine the presence or absence of each disease. This in turn directs and informs
61 the control programme for the most appropriate MDA schedule, its frequency and if further disease
62 surveillance is necessary. For intestinal helminths (i.e. STH and *Schistosoma mansoni* infections),
63 field-based surveillance typically makes use of the Kato-Katz method; a low cost semi-quantitative
64 faecal concentration method (Katz *et al.*, 1972). Owing to its affordability and scalability, the method
65 is recommended by WHO as an operational diagnostic, however, it is an imperfect standard due to
66 lack of sensitivity, and multiple stool samples should be taken; it is not the parasitological method of
67 choice for diagnosis of strongyloidiasis (Barenbold *et al.*, 2017; Kongs *et al.*, 2001; Turner *et al.*,
68 2017).

69 In line with the need to develop more sensitive detection methods for STH and SCH
70 alongside the continued use of Kato-Katz, alternative biomarkers have been investigated (Stothard,
71 2009; Stothard *et al.*, 2014). These largely rely upon detection of parasite-specific DNA with real-
72 time PCR and Taqman probes (Meurs *et al.*, 2015). The need for more sensitive diagnostics is
73 particularly pertinent in light infection intensity and low transmission settings for the Kato-Katz
74 method becomes more misleading than informative due to low sensitivity (Al-Shehri *et al.*, 2018).
75 Nonetheless novel methods also need to be both practical and cost-effective (Montresor *et al.*;
76 Savioli *et al.*, 2015). A drawback of multiplex TaqMan probe technology, for example, is the expense
77 per reaction and need for thermal cycling machines with four or more reporting dye detection
78 channels. In more modestly resourced laboratories, such machines are often not available whereas
79 the technology entry standard, a two-dye channel machine, is available.

80 Here, we present an alternative multiplex real-time PCR assay based on melt curve analysis, which
81 can detect and discriminate six helminth species within a single reaction using SYBR Green staining.

82 METHODS

83 *Primer design*

84 The sequence for the nuclear ribosomal internal transcribed spacer (ITS) region or small sub-unit
85 (18S) region for *Ancylostoma duodenale*, *Necator americanus*, *Strongyloides stercoralis*, *Ascaris*
86 *lumbricoides*, *Trichuris trichiuria*, *Schistosoma haematobium* and *Schistosoma mansoni* was
87 downloaded from the NCBI data base and aligned on Mega 6 (MEGA). Areas of high variability were
88 then selected and entered into Primer 3 in order to generate primers and products with a specific
89 melting temperature amenable for melt curve analysis. These primers were then checked for cross
90 reactivity using NCBI Primer 3 primer design tool. Species-specific primers were designed for each
91 helminth except for *S. mansoni* and *S. haematobium* where a generic primer pair was designed. The
92 primers, see Table 1, were checked for specificity using the NCBI Primer 3 tool and cross-checked
93 against the NCBI genomic data base.

94

95 *Optimisation and assessment of primers*

96 The primers were optimised using an annealing temperature gradient (Bio-Rad Chromo 4) from 50°C
97 to 65°C, this allowed for the assessment of which temperature the primers performed optimally at,
98 as there may be differences between primers as to which temperatures they can function in.
99 Similarly to the temperature gradient the efficiency of the primers was assessed using a primer
100 limiting assay with a primer concentration range of 50nM, 100nM, 200nM and 300nM. The
101 importance of establishing the optimum primer concentration to use is based on the possibility that
102 there may be differences in copy number and efficiency between the different primer pairs. The
103 identification of the minimum amount of primer required is essential when running a multiplex
104 reaction to ensure one primer pair does not out-compete others, as the resources in each reaction
105 are finite. The primers were tested and optimised as single plex and later as a multiplex on two qPCR
106 machines, the Chromo 4 (Bio-Rad Technologies) and Rotor Gene (Qiagen). To optimise the primers,
107 clinical samples that had been identified as positive by TaqMan for *S. stercoralis*, *N. americanus* and
108 *A. duodenale* were tested. For *A. lumbricoides*, *T. trichiuria* and *Schistosoma* s.p., DNA was extracted
109 from LSTM collections of whole worms stored in 100% ethanol. These worms had been previously
110 collected from endemic regions around Lake Albert, Uganda, to supplement the materials used in
111 the teaching department at the Liverpool school of Tropical Medicine. DNA was extracted by a rapid
112 boil-and-spin method. In brief ~0.2g of worm tissue was isolated and washed three times in distilled
113 water to remove the ethanol. Following the wash steps the worm tissue was placed in 200µl of TE
114 buffer with an addition of 25µl of proteinase K (20mg/mL). The samples were then incubated at 55°C

115 for two hours followed by an enzyme denaturation step of 90°C for 10 minutes. The samples were
116 vortexed and spun down and approximately 180µl of supernatant was removed and stored at -20°C.

117 ***Assessment of field samples***

118 Having optimised the HRM primers and tested them in a multiplex assay, they were then tested on
119 the DNA extracts of 32 faecal, samples that had been collected in 2017; as part of an ongoing
120 longitudinal study screening for STH and SCH infections in Ghana. As part of the study, the samples
121 had been screened using both Kato-Katz (two slides per faecal sample). Later the samples
122 underwent a specific faecal DNA extraction method that incorporated a bead-beating stage, to
123 mechanically rupture the helminth eggs, allowing for the DNA to be more reliably extracted. This
124 method has previously been described (Cunningham *et al.*, 2018). Following the DNA extraction
125 process the samples underwent a pentaplex TaqMan assay that targeted Hookworm (Verweij *et al.*,
126 2007), *Schistosoma* s.p.(Obeng *et al.*, 2008), *S. stercoralis* (Verweij *et al.*, 2010), *T. trichiuria* (Liu *et*
127 *al.*, 2013) and *A. lumbricoides* (Wiria *et al.*, 2010).

128 ***Thermal cycling conditions***

129 Optimisation

130 The following thermal cycle times were used, 95°C for 30s followed by 35 cycles of 95°C for 15s and
131 a temperature gradient 50°C-65°C for 15s. The melt curve ramped from 65°C to 94°C, rising by 0.5°C
132 with a wait of 3 seconds. The supermix used was the SsoAdvanced™ universal SYBR® Green
133 Supermix from Bio-Rad and the primers were run in a single plex reaction at a final concentration of
134 250 nM in a 20µL reaction with 10µL of supermix and 2µL of DNA.

135 Testing of field samples

136 For the testing of the field samples the Type-it HRM PCR kit from Bioline was used with an initial
137 melt step of 95°C for five minutes followed by 40 cycles of 96°C for 10s, 60°C for 30s and 72°C for
138 10s. The HRM ramped from 60°C to 95°C, rising by 0.1°C every two seconds. The difference in use of
139 supermix used in the optimisation and testing of field samples resulted from the development
140 process whereby the initial intention was to design the primers for use with SYBR green for a two-
141 tube assay. Having optimised them they were then tested with the Type-it HRM kit to be run as a
142 single tube assay with the field samples.

143 **RESULTS**

144 ***Performance of assay***

145 60°C was chosen as the optimum annealing temperature; during primer limiting assessment as all
146 primers performed equally well at this temperature. All primers also performed optimally at 200nM,
147 with the exception of the primers for *Schistosoma* which were found to be able to operate best at
148 100nM. When tested against non-target species it was found that the primers were highly specific
149 and did not cross react with non-target DNA.

150

151 <Insert Table 1 here>

152

153 The final primer selection is given in table 1, alongside their respective T_m and product size and melt
154 temperatures. The positions of each primer pair on the nuclear ribosomal DNA of the different
155 target helminths is shown in a diagrammatic form in Fig. 1.

156 <Insert Fig. 1 here>

157

158

159 The primers were tested as a multiplex reaction to determine the spread of the different melt peaks
160 with each target DNA tested in triplicate. The distribution of the melt peaks is shown below in Fig. 2.
161 The results show that the products amplified for each helminth species have a distinct T_m to allow
162 for separation of amplicons using the melt analysis process. There are also no other non-specific
163 peaks that would indicate cross reaction between the different primers and non-specific DNA
164 targets.

165

166 <Insert Fig. 2 here>

167 **Analysis of field samples**

168 From the field survey a total of 32 faecal samples were examined using the six-primer pair set, these
169 samples were positive by the TaqMan assay for hookworm, *Schistosoma* sp. and *S. stercoralis*; they
170 did not contain positive samples for *T. trichiuria* and *A. lumbricoides*. The prevalence of the three
171 helminth types present in the samples is given in Table 2.

172

173 <Insert table 2 here>

174 The sensitivity and specificity of the new HRM assay was assessed against the TaqMan assay for all
175 helminth positives, resulting in a sensitivity of 80% and a specificity of 98.6%, (Table 3.).

176 <Insert table 3 here>

177 **DISCUSSION**

178 Here we developed a novel HRM assay for the detection of STH and SCH our results show that the
179 new primers are capable of discriminating between the different helminth species being targeted.

180 Developing diagnostic assays appropriate for use in modestly equipped and financed laboratories
181 will expand the outreach of molecular surveillance approaches for STH and SCH. While traditional
182 PCR methods can be both sensitive and specific they require relatively long post amplification
183 analysis phases (e.g. gel electrophoresis) which increases the risk of cross-contamination. By using
184 real time PCR detection technology with TaqMan hydrolysis probes both hurdles are overcome but
185 although such assays are highly sensitive and specific, they are more expensive in both consumables
186 and in the type of real time PCR machine required for multiplexing, i.e. an increasing number of light
187 channels receptors. The initial cost of the probes used in the TaqMan assay was a total of £1087, at a
188 concentration of 20 nmol. Depending on the volumes of probe used per reaction this will equate to
189 an addition of ~18p, per-probe, per-reaction adding a total of ~£1.00 per reaction. In this study the
190 total cost per reaction for a single tube assay was £2.13 for a TaqMan reaction and £0.75 for an HRM
191 reaction. If the number of light channels in the qPCR platform is less than six or five, then it would be
192 necessary to run the TaqMan as a two-tube assay, doubling the cost of the reaction buffer required
193 and resulting in a cost of £3.05 per sample. However, it is important to note that the initial cost of
194 the DNA extraction process would remain the same for both assays. The cost of the DNA extraction
195 and purification process exceeds that of either the cost of the TaqMan assay or the HRM assay and
196 equates to approximately £5-£6 per sample.

197 In the present assay amplicons were designed to have characteristic melt profiles, based on
198 sequence length (i.e. number of bases) and the base-pair composition (i.e. the relative proportion of
199 purine and pyrimidine inter-strand bonding). Since the intercalating dye only fluoresces when bound
200 to double stranded DNA, the melting point (where the double stranded DNA disassociates into single
201 strands) is witnessed by a characteristic sharp drop in fluorescence which is detected by the machine
202 and converted into a peak, *see* Fig. 2. The screening of the faecal samples showed an 80%
203 correlation with the TaqMan method; although four positives identified by TaqMan were not
204 detected with the HRM primers. A very plausible reason for this could be the low levels of target
205 DNA within these samples as the TaqMan Ct values for these four samples ranged from ~35-37
206 which are known to show low reproducibility in a TaqMan assay as well (Table 1, Appendices). Both

207 the TaqMan and HRM assays failed to detect the four Kato-Katz hookworm positives, the TaqMan
208 assay also failed to amplify seven of the Kato-Katz SCH positives and the HRM assay failed to detect
209 eight of the Kato-Katz positives. For the hookworm samples the low number of helminth eggs likely
210 contributed to the two molecular methods failing to detect them. The SCH false negatives are harder
211 to explain as only three samples missed, by both assays, would be considered light infections, the
212 rest are all heavy infections. Failure to amplify DNA due to inhibitors is unlikely to be the reason as
213 the TaqMan assay included an internal positive control that successfully amplified in all samples,
214 within the expected Ct range. The heterogeneity of egg distribution within a faecal sample is a
215 possible cause for the false negatives observed. If the stool sample had not been correctly mixed so
216 as to more evenly distribute the eggs throughout then it is possible that the ~0.1g of faeces that
217 underwent the DNA extraction process may have contained too few eggs for the assay to detect,
218 despite high egg counts in the Kato-Katz readings.

219 The approach proposed in this paper capitalises on the sensitivity and specificity of the real
220 time PCR platform but it only operates on a single channel, (Excitation (nm): $\sim 470 \pm 10$, Detection
221 (nm): $\sim 510 \pm 5$), and does not require expensive probes. For these reasons it is much cheaper and
222 can be used on all real time PCR machines that can detect this spectrum. This assay has been
223 designed for use either with a high-resolution melt (HRM) kit and software or with SYBR Green and a
224 standard melt-curve analysis setting. The use of SYBR would allow for this method to be used on a
225 wider range of machines as not all have HRM capabilities, however it may require a two-tube assay
226 approach to properly differentiate between the peaks as SYBR has less resolution than the HRM dye
227 (EvaGreen). This new cheaper approach to screen for SCH and STH provides an alternative to the
228 more expensive TaqMan approach which is pertinent to the capacity building of laboratories to
229 screen for NTDs, and could make the adaptation of pre-existing infrastructures towards this aim
230 more feasible.

231 Limitations of the Study

232 The intention of this manuscript is to describe the initial results of a new diagnostic assay that may
233 prove to be more attractive to molecular laboratories in low cost settings, due to dispensing with the
234 need to buy expensive TaqMan probes. The assay can also work on less expensive qPCR
235 thermocyclers, as it only requires a single channel to detect up to six target helminths. However, as
236 previously mentioned the total cost including the DNA extraction protocol will equate to more than
237 £5-£6 per sample, making the use of either qPCR method an expensive option for a diagnostic
238 laboratory. To bring down the overall cost will require the development of a cheaper DNA extraction
239 methodology to complement the cheaper HRM assay. Despite the authors long standing within the

240 field of NTDs there were limited samples available for assay development resulting in a very limited
241 range of samples being used to run the validation assay. To fully assess the assay described in this
242 paper a wider range of positive samples will need to be screened to ensure that all target species are
243 represented. This weakness in the study raises the importance of establishing biobanks, particularly
244 for NTDs, whereby samples can be stored and catalogued and made available to research groups.
245 Finally, the method described in this paper is limited to well relatively well-equipped laboratories
246 and requires highly trained technicians to carry out the assay. These factors make the assay
247 unsuitable for use in the field as a point of care test, of which there are already some available for
248 schistosomiasis notably the CCA rapid diagnostic test. Alternative, more field friendly molecular
249 assays are also in development notably the isothermal methods such as LAMP (loop-mediated
250 isothermal amplification) and RPA (recombinase polymerase amplification) have been used for the
251 diagnosis of schistosomiasis (Fernandez-Soto *et al.*, 2014; Rosser *et al.*, 2015). These methods are
252 more field friendly and depending on the nature of the sample, such as urine over faeces, may have
253 simpler DNA isolation protocols. The multiplexing capabilities of these methods are often limited as
254 well as the cost for the RPA assay being relatively higher compared to both LAMP and qPCR (Minetti
255 *et al.*, 2016).

256 Conclusion

257 To conclude we have developed a low-cost, potentially high through-put multiplex DNA assay useful
258 for detection of STH and SCH. This assay could be an appropriate DNA detection technique in
259 modestly equipped and resourced laboratories. Although current limitations to the study include
260 the high cost of the DNA extraction protocol required and the need for a more comprehensive
261 validation assessment.

262

263

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268

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272

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- 358
- 359

Table 1. Final primer selection for each parasite with details of amplicon product size and Tm.

Primer name	Target species	Sequence (5'-3')	Product size (bp)	Product Tm (°C)
mcAd_F mcAd_R	<i>A. duodenale</i>	CTGAATGACAGCAAACCTCGTTG ATTGCAAATAACAGAAACATCGT	100	79.4
mcStrongy_F mcStrongy_R	<i>S. stercoralis</i>	GATCATTTCGGTTCATAGGTCGAT TACTATTAGCGCCATTGTCATTC	105	81.7
mcNa_F mcNa_R	<i>N. americanus</i>	TGCACGCTGTTATTCACTACG TTGCAAATGACACATCCACA	179	83.8
mcSCH_F mcSCH_R	<i>Schistosoma</i> spp.	TGTCGTATGCCCTGATGGTG CCGGATCGCTTCAACAGTGT	180	85.1
mcAscaris_F mcAscaris_R	<i>A. lumbricoides</i>	TAATAGCAGTCGGCGGTTTC CTCCACCTTTCATCGCTACC	208	86.8
mcTrich_F mcTrich_R	<i>T. trichiuria</i>	ATTGGAGGGCAAGTCTGGTG TGAAGAGCATCCAGGGCAAT	179	88.0

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Table 2. Percentage positive results of hookworm, *Schistosoma* s.p. and *S. stercoralis* for the following diagnostic assays: Kato-Katz, TaqMan and HRM, (n=number).

		Assay conducted		
		Kato-Katz (n)	TaqMan (n)	HRM (n)
Helminth type	<i>Hookworm</i>	12.5 (4)	6.3 (2)	6.3 (2)
	<i>Schistosoma sp.</i>	59.4 (19)	53.1 (17)	46.9 (15)
	<i>S. stercoralis</i>	0 (0)	3.1 (1)	0 (0)

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Table 3. Numbers for sensitivity and specificity of the HRM assay using TaqMan as the gold standard for all helminth positives

		TaqMan	
		Positive (n)	Negative (n)
HRM	Positive	16	1
	Negative	4	75

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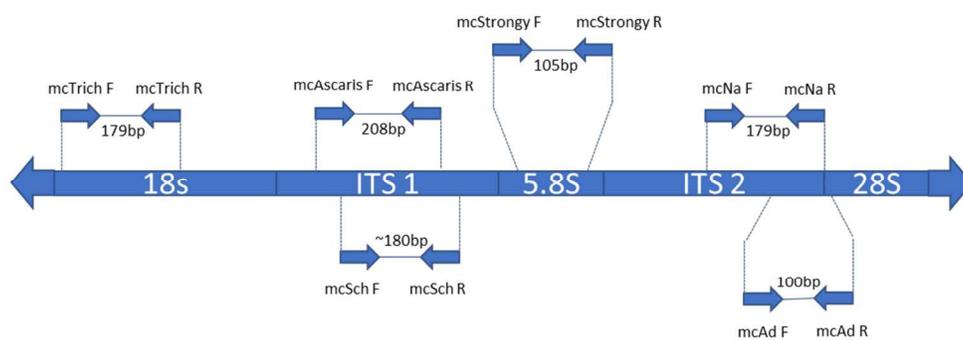


Fig. 1. Diagrammatic representation of the positions of the different primer pairs on the ribosomal DNA; "mc" stands for melt-curve.

132x52mm (600 x 600 DPI)

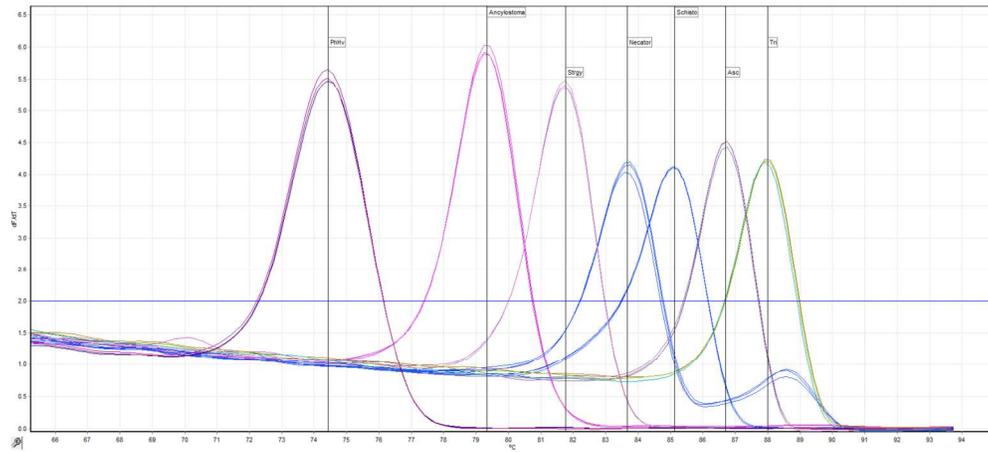


Fig. 2. A representative composite chromatogram of a single multiplex reaction showing the individual melt peaks for each primer pair and target parasite for: *An. duodenale* (Ad), *N. americanus* (Na), *St. stercoralis* (Strgy), *As. lumbricoides* (Asc), *T. trichiuria* (Tri) and *Schistosoma* s.p. (Sch).

336x153mm (150 x 150 DPI)

Sample No	Hookworm					<i>Schistosoma</i>					<i>S. stercoralis</i>		
	TaqMan(Ct)	Kato-Katz	EPG	Intensity	HRM(Ct)	TaqMan(Ct)	Kato-Katz	EPG	Intensity	HRM(Ct)	TaqMan(Ct)	Kato-Katz	HRM(Ct)
1	Pos (30)	0			Pos (30)	0	Pos	72	light	0	0	0	0
2	Pos (33)	0			Pos (32)	0	Pos	60	light	0	0	0	0
3	0	Pos	36	light	0	0	0			0	0	0	0
4	0	Pos	72	light	0	0	0			0	0	0	0
5	0	Pos	36	light	0	0	0			0	0	0	0
6	0	Pos	48	light	0	Pos (34)	Pos	336	medium	Pos (30)	0	0	0
7	0	0			0	Pos (25)	Pos	528	heavy	Pos (23)	Pos (37)	0	0
8	0	0			0	Pos (24)	Pos	360	medium	Pos (23)	0	0	0
9	0	0			0	Pos (31)	Pos	816	heavy	Pos (30)	0	0	0
10	0	0			0	Pos (19)	Pos	2424	heavy	Pos (19)	0	0	0
11	0	0			0	Pos (35)	Pos	3948	heavy	0	0	0	0
12	0	0			0	Pos (25)	Pos	264	medium	Pos (26)	0	0	0
13	0	0			0	Pos (29)	Pos	780	heavy	Pos (30)	0	0	0
14	0	0			0	Pos (27)	Pos	1152	heavy	Pos (27)	0	0	0
15	0	0			0	Pos (31)	Pos	504	heavy	Pos (31)	0	0	0
16	0	0			0	Pos (35)	Pos	528	heavy	0	0	0	0
17	0	0			0	Pos (30)	Pos	216	medium	Pos (29)	0	0	0
18	0	0			0	Pos (37)	0			0	0	0	0
19	0	0			0	Pos (27)	0			Pos (26)	0	0	0
20	0	0			0	Pos (32)	0			Pos (33)	0	0	0
21	0	0			0	Pos (31)	0			Pos (33)	0	0	0
22	0	0			0	Pos (31)	0			Pos (32)	0	0	0
23	0	0			0	0	Pos	3612	heavy	0	0	0	0
24	0	0			0	0	Pos	792	heavy	0	0	0	0
25	0	0			0	0	Pos	3300	heavy	Pos (24)	0	0	0
26	0	0			0	0	Pos	12	light	0	0	0	0
27	0	0			0	0	Pos	432	heavy	0	0	0	0
28	0	0			0	0	0			0	0	0	0
29	0	0			0	0	0			0	0	0	0
30	0	0			0	0	0			0	0	0	0
31	0	0			0	0	0			0	0	0	0
32	0	0			0	0	0			0	0	0	0